



Sedbergh
SCHOOL

SPORTS REPORT

02 February - 08 February 2026

SPORTS RESULTS

Hockey

Girls U18A v Scarborough College (H) Lost 5-2

Sedbergh battled against a good Scarborough team without ever reaching the heights of some previous performances. After going behind to a cruelty deflected shot Sedbergh equalised through Evans in an even first quarter. The second quarter was not so good as the home side just couldn't maintain possession, giving cheap turnover to Scarborough and conceding two poor goals.

The second half was better with more control but without being able to convert. Overall and disappointing afternoon.

Boys U18A v Yarm School (H) Lost 6-0

The Boys 1st team took on a strong Yarm team in the 2nd round of the Independent Schools Cup. Looking to build on the last few performances, the boys started really well. Creating more chances than Yarm in the first half, but not taking them. Yarm took their chances well and managed to score in times Sedbergh may have felt on top. A good performance from our boys.

Boys U18A v Wirral Grammar School (H) Won 3-2

Wednesday saw the 1st team boys take on Wirral in a rather messy match. Both teams had periods of control but neither were absolutely dominant. Sedbergh showed excellent discipline in the way we play and managed to create plenty of chances. Going into the half 1-1 led to Sedbergh pushing up their press and trying to win the ball in a higher position. Both teams managed to score again, making it 2-2 with not long to go before Sedbergh managed to put away another one of our chances and won it 3-2.

Boys U18B v Wirral Grammar School (H) Lost 3-1

U18B faced a tough challenge against Wirral, with the game finishing 3-1 in Wirral's favour. Despite the scoreline, there were plenty of positives to take away. H. Griffiths found the back of the net with a well-taken goal, rewarding periods of sustained pressure. The team moved the ball well at times and showed good intent in possession, but struggled to maintain the pace needed to break down a strong Wirral side. It was a challenging fixture overall, but a valuable learning experience heading into the next game, with a clear focus on increasing ball speed and decision-making moving forward.

Boys U15A v Wirral Grammar School (H) Drew 2-2

The U15A team battled to a hard fought 2-2 draw against Wirral in a challenging but evenly contested fixture. Both sides showed good intensity throughout, making for an exciting and competitive game.

The breakthrough came in the first half when T Holland found the net, giving the team a well-deserved lead after some positive buildup play. Wirral responded, keeping the pressure high and ensuring the match remained finely balanced going into the second half. After the break, the team continued to move the ball well and showed great determination and endurance. R Anderson scored in the second half to secure the equaliser, rewarding the team's persistence and work rate.

Overall, it was an even game with plenty of positives to take forward. The team showed strong fitness levels, good movement of the ball, and resilience under pressure. While there is still a lot to learn and improve on ahead of the next fixture, this performance provided a solid foundation to build on.

Boys U14A v Wirral Grammar School (H) Won 4-0

The U14 put in a very good performance in running out 4-0 winners against a spirited Wirral side. Two goals from Rees-Gay established an early lead that they never looked like giving up. Lyle was dominant in midfield while Bristow put in another excellent performance in goal.

More than just the technical performance this team must be highly praised for their attitude before during and after the game. They worked selflessly for each other, were encouraging and positive towards their teammates and polite towards the opposition. This style of play is exactly what Sedbergh teams should aspire to.

Girls U14A v Kirkham Grammar School (H) Lost 3-2 on shuffles

The U14A girls hosted Kirkham for their Tier 1 National Plate quarterfinal. The first half saw both sides have extended periods of pressure on the other team, with Sedbergh starting stronger but Kirkham grew into the half, forcing Millie B to make some important saves. 0-0 at halftime left the game rather tense for the second half. Sedbergh playing some of the best hockey they had done this season, yet Kirkham managed to score first. Our girls managed to bounce back immediately and levelled the game at 1-1, through a goal from India. The browns piled on the pressure, creating chance after chance, and giving hardly any to Kirkham. The game went to an 8-second shootout, and Kirkham managed to win it and progress to the semi-final. An excellent performance from the U14A girls.

Sedbergh HC v Ambleside 1 (A) Won 7-0

Sedbergh secured a commanding 7-0 victory over Ambleside.

The first goal took a while to come, but Ginny calmly converted a penalty stroke to open the scoring. Ishani quickly added a second, followed by a few goals from Sabie. In the second half, Sedbergh's confidence showed, with Hettie and Izzy adding further goals as Ambleside struggled to contain the attack.

A dominant display from Sedbergh from start to finish.

Football

Junior Inter House Football

Congratulations go to School House who beat Evans in a close fought final, 2-1. Goals from Ben and Jake put School House ahead, before Oscar added a consolation from the penalty spot in the dying seconds, for Evans.

Boys U18A v St Mary's College, Crosby (A) Lost 4-2

Sedbergh faced a strong test away against a well-drilled St Mary's side. The hosts started sharply and capitalised early, taking a two-goal lead inside the opening stages. Sedbergh showed composure and resilience, limiting further damage and growing into the contest as the half progressed. By the interval, a balanced rhythm had been established, despite the scoreline remaining 2-0.

The second half saw a revitalised Sedbergh performance. Increased intensity and attacking intent paid off when Captain Rocco calmly converted from the penalty spot to spark a deserved comeback. Confidence flowed through the side, with Sedbergh's superior fitness beginning to tell as momentum shifted firmly in our favour

A well-worked free kick from Taylor struck the woodwork, and Rocco reacted quickest to finish the rebound and level the match at 2-2. With St Mary's under pressure, Sedbergh created further chances and looked the more likely side to go on and win the game.

At the other end, Hugo produced an outstanding save to keep the scores level, reinforcing the team's growing belief. However, in the literal closing moments, a late penalty awarded to the hosts tipped the balance, and with Sedbergh pushing forward, St Mary's added a fourth goal immediately afterwards.

Despite the final scoreline, this was a performance full of positives for Sedbergh. The team showed character, fitness, and quality to recover from a difficult start and dominate large periods of the match. Plenty of encouragement to take forward into the next fixture.

SPORTS RESULTS

Boys U15A v Central Lancaster High (A) Won 10-1

A convincing win away in Lancaster on Wednesday, despite some vocal support from the home crowd. Frankie S opened the scoring with a goal that proved to be the first of a Hatrick. Captain Zach followed with a great strike from the edge of the box, Sam S hit two more before half time, Ben B finished well with a one on one against the keeper, and an own goal meant that we were up by 6 at the break.

In the second half we played with the condition that the ball could not go above head height, and against 13 men. The boys worked well on improving the speed and accuracy of their passing, under pressure. Lucas M and Harry D scored in the second half, Frankie S with his second and third, and we ran out 10-1 winners.

Boys U15A v Rossall School U14A (A) Won 1-3

A solid counter-attacking performance from the Junior Boys saw us come away from a breezy Fylde Coast with a hard fought victory against a technically good Rossall Team.

The game started evenly with only half chances for both teams until 10 minutes in, when a speculative shot from Henry C, 25 yards out, saw the ball dip under the keepers dive to put us 1-0 up.

This settled Sedbergh down and other good opportunities went begging as a combination of rushed snap shots and last ditch tackling saw us fail to increase our lead. The second half saw us defending more deeply, and relying more heavily on the pace and guile of our strikers to cause Rossall defensive worries.

With 15 minutes remaining, a well worked move was rounded off at the back post by Ben B, after a dangerous early cross from Harry D caused chaos in Rossall's defence.

The hosts finally pulled a goal back, shortly afterwards, to cause a nervy last 10 minutes, but another breakaway saw our two goal lead restored through Joe I, who smashed the ball home from 8 yards out into the top corner.

This was a solid performance against a footballing school, and builds on our confidence as we go into our next match on Wednesday.

Netball

Girls U18A v Queen Ethelburga's (H) Won 32-30

Ones had a highly competitive game on Saturday afternoon, going goal for goal for the majority of the match. The girls put in a massive shift and kept their nerve in high-pressure moments throughout and came out with a 32-30 win.

In attack, it took us a little bit of time to adapt to their style of play, but once settled, we were clinical with ball in hand and capitalised on our defensive turnovers. Under the post, both Ruby and Fern rewarded the squad's efforts, with Fern being awarded Opposition Player of the Match. In defence, Lucy put in a huge shift at Goalkeeper, keeping her opposition goal shooter relatively quiet for most of the game. It was also great to see Sonia back out on court after a few weeks out through injury. Through the midcourt, the work rate was huge, and it was brilliant to see Daisy get her run out in the Ones after stepping up from the Twos. She did an amazing job and really held her own.

Ruby was also instrumental when moving into a defensive role in the final quarter, helping disrupt play and contributing massively to regaining momentum when it mattered most.

The team showed real composure in high-pressure moments and came away with a brilliant result!

Girls U18B v Queen Ethelburga's (H) Won 24-18

Sedbergh Senior 2nds produced a composed, high-energy performance to defeat Queen Ethelburga's 24-18 in a superb fixture that showcased energy, tactical awareness, and relentless work rate across all four quarters. Sedbergh started with real purpose, moving into an early 4-1 lead through sharp ball movement and disciplined attacking. Alice and Martha P built an excellent understanding in the circle, timing their movement to create space for one another and offering calm, accurate finishing under pressure. Their ability to recycle possession and stay patient gave Sedbergh an early platform. Queen Ethelburga's responded well and raised the intensity, but Sedbergh's composure kept them narrowly ahead at 7-6 at the first break.

The second quarter was fiercely contested and tactically tight, with both sides making every phase hard earned. While goals were limited, Sedbergh's collective concentration and defensive discipline stood out. Even when passages of play broke down, the response was immediate players worked tirelessly to recover, reset, and protect the ball. The team's communication and trust in one another were key in maintaining momentum in such a tense spell. The third quarter was where Sedbergh's drive, and athleticism really stood out. Darcie was exceptional through centre court, reading play brilliantly to claim four interceptions and convert defensive pressure into attacking opportunity. Her intensity without the ball and willingness to contest every phase lifted those around her. Behind that, Poppy and Martha set the defensive tone with strong body positioning, smart timing, and real determination, consistently forcing errors, and limiting QE's rhythm.

In the final quarter, Sedbergh showed maturity and control to close out the game. Eleanor and Martha worked tirelessly in the defensive circle, contesting every ball, and denying clean shooting chances. Darcie continued to dictate tempo through the middle, while Daisy's quality of feed into the circle was a major strength - measured, brave and accurate under pressure. Alice and Sophie were clinical in the closing stages, finishing transition play with confidence and rewarding the team's hard work across the court.

What stood out most was the group's mentality. Errors came, as they do in any high tempo match, but effort levels never dipped. The players stayed switched on, worked relentlessly for one another, and maintained excellent concentration from first whistle to last. This was a high quality performance and a superb match to watch.

Player of the Match: Darcie.

Players' Player: Poppy.

Coaches' Player: Alice.

Girls U16A v Queen Ethelburga's (H) Won 57-16

Sedberghs U16A netball team displayed some fantastic play against QE this weekend. They started the game strong going up 14-4 in the first quarter. There were plenty interceptions from the back and smooth transitions in through court attack linking the defenders with the attackers punching through.

The set ups that were meticulously planned in training were used and they were done successfully to send the ball to goal in as little passes as possible.

The shooters rotated around the D well and put up some strong shootings stats. Well done all!

OPOM: Ruby

CPOM: Harriet

SPORTS RESULTS

Girls U14A v Queen Ethelburga's (H) Won 37-36

The Under 14 A's had an absolute stormer of a game this Saturday taking the win 37-36. It was highly competitive, with the score neck and neck for the whole match. The girls really kept their nerve and showed real maturity in their game, especially when going four goals down in the final quarter and pulling it back in the final minutes to secure a one-goal win over the opposition.

It was so great to see both Wyomia and Matilda step up into the A team for the first time this season from the B's. They both did a fabulous job and brought real diversity and strength into those positions.

Set play from the centre pass into the circle was clinical and became a real key strength and turning point within the game.

Defensively, the girls put in a massive shift against a very talented opposition goal shooter, with Indya Cooper being awarded Opposition Player of the Match, which was brilliant to see.

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Girls U14B v Queen Ethelburga's (H) Lost 12-8

The U14B netball girls played a very well fought match on Saturday against a strong and athletic Queen Ethelburga side, despite the wet conditions outside. S Bolton-Price and S Locke played exceptionally in attack with goals being scored by T MacDonald and E Whalley, and a strong defense played by G Thompson and P Hutchinson. The team played very well together, with communication being a huge positive throughout the entire game. They should be very proud of themselves, ignoring the result.

Rugby

Boys U17A v Scarborough College (H) Won 40-7

JBS produced a solid performance to secure a 40-7 victory over Scarborough, showing positive attacking intent from the outset. The team started the match looking to move the ball and play with tempo, although a number of early skill errors disrupted continuity and slowed the rhythm of the game.

As the half progressed, JBS settled into their structure and began to build pressure through improved accuracy and decision-making. Strong carries and better ball retention allowed the side to create momentum, which was reflected on the scoreboard as several well-constructed tries followed.

In the second half, JBS continued to grow in confidence, combining direct physical play with periods of expansive attacking rugby. The defensive effort also remained consistent, limiting Scarborough's opportunities and ensuring control of the match throughout. The 40-7 result was a deserved reward for the improvements shown across the game.

With this fixture marking the final JBS match of the season, the group now shifts its focus towards the upcoming Sevens programme.

Boys U17B v Dollar Academy (H) Lost 21-7

A final hit out for the JBS side before the Sevens season commences. Our visitors from Dollar brought their physical attacking game early on and the Brown dug in to contain a strong start for the visitors.

Dollar scored early through some good interplay after a missed tackle in the wide channel. Sedbergh reacted well and had chances to equalise but to no avail. Dollar's resilience meant them reacting to a mistake in the back line by Sedbergh and for them to score their second score.

Again the Brown stuck at their game, and some strong carries from George and Ronan put the pressure back on the visitors. Alas a third try came just before the break as Sedbergh chased that first score.

A much changed JBS side reacted well after the break and good performances from the bench from Seb, Oliver and Charles witnessed a rejuvenated energy and want to carry. Some good offloading witnessed space being made down the left wing for Ben to glide through and score. Whilst the pressure was more on the visitors in the second half, it was Sedbergh that struggled to cross the whitewash and come back.

Climbing

Independent Schools Climbing Competition at Summit up in Manchester

The Sedbergh Senior climbing team had their first debut appearance at the Independent Schools Climbing Competition at Summit Up in Oldham. With an early start leaving Sedbergh at 7:15am, they arrived at Manchester slightly sleep-deprived but exited for a day of climbing.

Everyone attempted 3 top-rope climbs and had 10 boulders to try, all of varying difficulties. It was fantastic to see all getting involved, and trying every climb and boulder, regardless of difficulty. Emily-Pearly Ayling in year 10 came 6th out of 19 with some incredible attempts on boulders and an unlucky fall on one of the top-rope climbs. All in all, a successful day for a first competition.

Running

Northern Schools Inter-Counties Cross Country Championships 2026 (H)

Teams from Cleveland, Cumbria, Durham and Northumberland gathered at the Akay Cross Country Course on an overcast Saturday morning for the Northern Schools Inter-Counties Championships. All athletes present had progressed through district and county championships to earn selection, ensuring a high standard of competition throughout the eight scheduled races.

The Inter-Counties is a team-focused championship, with the first six finishers scoring for each county, alongside individual medals. For many athletes, the stakes were higher still: performances counted towards selection for the ESAA National Championships, to be held at Sefton Park, Liverpool, on 14th March, with automatic qualification awarded to the leading Cumbria finishers in each category.

SPORTS RESULTS

Minor Girls – Cumbria 2nd

In a competitive opening race, Sophia C (Prep) finished a strong 5th, first home for Cumbria and setting the tone for the day.

Minor Boys – Cumbria 1st

Cumbria secured an early team victory, led by consistent performances from Xavier S (Prep) in 4th, Thomas S (Prep) in 5th, and Wilf T (Prep) in 11th.

Junior Girls – Cumbria 1st

The Junior Girls continued Cumbria's momentum with a convincing team win. Maggie R (Prep) finished 4th, Ella C (Prep) 6th, and Gabriella F (Prep) 7th, with all three gaining automatic qualification for the national championships.

Junior Boys – Cumbria 1st

A dominant display saw six Cumbrian runners finish inside the top twelve, securing another clear team victory.

Intermediate Girls – Cumbria 3rd

The Intermediate Girls race was closely contested. Cumbria finished third, with Minnie R (10C) producing a strong second half to move into 13th, earning one of the coveted national places. Julia F (11L) finished 20th and will await the selectors' meeting for confirmation.

Intermediate Boys – Cumbria 2nd

George M (11H) delivered one of the standout performances of the day, running a controlled and authoritative race to claim the Northern Inter-Counties title. He looked composed throughout as conditions gradually deteriorated underfoot.

Senior Girls – Cumbria 1st

Cumbria's Senior Girls packed well to take the team title. Juliet P-L (12L) finished 4th, narrowly outside the medals, while Jemima H (13L) came home 7th, showing timely form. Bertie C (12L) finished 11th, the seventh Cumbrian across the line.

Senior Boys – Cumbria 1st

Rain finally arrived as the Senior Boys lined up. Hugo B (12SH) ran strongly and gradually moved clear of the Northumberland challenger to take the win, as Cumbria packed effectively behind him to complete another team victory.

Automatic Qualification for ESAA Nationals

Junior Girls: Maggie R (Prep), Ella C (Prep), Gabriella F (Prep)

Intermediate Girls: Minnie R (10C)

Intermediate Boys: George M (11H)

Senior Girls: Juliet P-L (12L), Jemima H (13L)

Senior Boys: Hugo B (12SH)

In contention:

Intermediate Girls: Julia F (11L)

Senior Girls: Bertie C (12L)

The championships marked a significant occasion for Sedbergh, hosting the Northern Inter-Counties for the first time and welcoming many of the best young runners from across the North of England. The event was efficiently delivered on the demanding Akay course and provided a fitting stage for athletes competing at this level.

Earlier in the season, Lucia C (10R) was selected to represent Scotland at the Home Nations Mountain Trials in Wales, with George M (11H) selected for England at the same event. Lucia has since earned another Scottish vest, competing for the Scottish U17 Women's XC team at the Home Nations and Celtic Nations Championships on Parliament Hill, London (7th Feb 2026). She finished 15th in very muddy conditions—further evidence of the programme's reach beyond county competition.

With national selections now confirmed and momentum building, attention turns to Liverpool and the ESAA National Championships next month.





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