



Sedbergh
SCHOOL

SPORTS REPORT

02 June - 08 June 2025

SPORTS RESULTS

Cricket

Girls U14A v Sedgwick (A) Lost by 74 Runs

Sedgwick CC U13 XI 148/5

Sedbergh School U14 Girls XI 74

Sedbergh were well beaten by a good Sedgwick Cricket Club side on a wet Thursday evening. On paper, this looks like a disappointing result, however, had the sole highlight been Daisy C's lofted off drive for four, this would have been sufficient reason to travel to Sedgwick, get wet in the field and return late to school. As it was, there were far more positives. Emily M played beautifully straight with the bat and bowled well in her first ever hard-ball fixture. Daisy and Tamara W built an excellent partnership and found the boundary on multiple occasions. Freya W-R continued her superb bowling economy and also took a fantastic catch at square leg. Lots of girls are still in the infancy of their cricket careers and all contributed well.

The Sedgwick coach took time to speak to the Sedbergh girls after the game and followed this with the following kind words via email:

The weather was pretty rubbish at the start of the game but your team set-about fielding with a very 'can do' attitude and were keen to get on with the game.

Bowling and fielding was tricky in slippery conditions, but they got on with the task without any grumbles. They always encouraged and supported each other, even when Sedgwick's batters got off to a very decent start. I was expecting a total of around 200, but your players pegged us back to 149.

A couple of very decent catches as well to mention, not easy with the damp ball. Freya at square leg who held a catch is particularly worthy of mention - it came at a fair speed towards her and, even though it was straight, she still had to hold it.

Batting - some of your players have some genuine talent, they certainly play straight which is better than many of my guys! They were also streets ahead of us in terms of running quick singles, being sharp and alert, and putting fielders under pressure.

Again, even when they were a few wickets down they didn't lose their nerve and it was actually my guys who were becoming a little anxious as some of the girls were properly 'digging in' and proving very difficult to get out.

Overall, I stressed to them that they should be very proud of how they acquitted themselves, playing the game in great spirit, and they were an absolute credit to themselves and Sedbergh School.

Girls U18A v Ampleforth College (A) Won by 4 Wickets

Despite the gloomy weather reports on Saturday, the first team girls, along with both junior sides, headed to Ampleforth College.

Violet won the toss and elected to bowl first, Sedbergh started excellently with Harriet dismissing their opener early on.

Ampleforth began to gain momentum before Violet and Imogen took 2 wickets in 2 overs. 38/3 had Sedbergh feeling on top, however two Ampleforth batters dug in and put on a big partnership to finish on 111/4, with Lily getting a run-out on the last ball.

A decent challenge ahead for Sedbergh but the girls started strong before rain stopped play for 10 minutes. Izzy and Harriet put together a strong partnership for the second wicket, both scoring in the 20's. A quick loss of wickets saw Hettie and Ishani come in needing 27 to win.

The girls went about business slowly but surely, running well between the wickets and taking advantage of the bad balls. With 8 needed of the last over, Hettie hit the first for 4 before four singles got us over the line. An awesome all-round team performance, with contributions from everyone.

Girls U15A v Ampleforth College (A) Won by 10 Wickets

Sedbergh put in their best all round performance of the season with a resounding 10 wicket victory verses Ampleforth.

The win was based on the best team fielding performance so far with every player contributing to an excellent atmosphere. All of the 6 bowlers used were disciplined and accurate. However, it was Sedbergh's fielding that has really improved. Three runouts for Rowley, Farnsworth (both direct hits) and Cooper with an excellent accurate and power throw from the deep straight into Lyle's gloves. Lyle also took an excellent caught behind in her best performance behind the stumps.

Chasing 86 runs openers Cooper and Mycielska were never in trouble. Captain Mycielska rotated the strike well while Cooper was irresistible with a great display of power hitting. 46 not out including 7 fours. The pair completed the victory in the 11th over.

Girls U14A v Ampleforth College (A) Won by 7 wickets

Ampleforth College U15 Girls B XI 62/6

Tilly C 3-2-3-3, Freya W-R 2-1-3-0, Florence H 2-0-5-1

Sedbergh School U14 Girls XI 66-3

Lara H 20

Sedbergh were convincing winners over an inexperienced Ampleforth College side. For the second time in the week, the U14s strongest players were left out of the playing XI, providing yet more opportunities for girls to make their hard-ball debuts.

Freya W-R and Tilly C made early inroads, and when Florence H struck with her first ball, Sedbergh had reduced Ampleforth to 4/4 after just 4.1 overs. As Sedbergh shared the bowling round, 45 extras helped Ampleforth to a total that Sedbergh would take 13 overs to chase down. Captain Lara H batted patiently to top score with 20 and carried her bat to see her side home.

Tennis

Girls U18A & B v Ampleforth College (A)

The Senior U18 A and B tennis teams made the long journey to Ampleforth in high spirits. Greeted by glorious sunshine on arrival, the girls warmed up ready for what proved to be a tightly contested fixture. By the end of play, the skies had turned a moody grey and it seemed the heavens were just about to open – a fitting close to a dramatic afternoon of tennis.

Both the A and B teams played in a round-robin format, each pair playing a single set to six with sudden death deuces. The format resulted in numerous games going to the wire, a reflection of just how competitive the fixture was throughout.

In the A team, of the nine sets played, our girls achieved at least half the score in six of them – a commendable performance. Katie and Fenn (Pair 2) came agonisingly close to victory against Ampleforth's 3rd pair, eventually losing a nail-biter 7-5. Mabel and Sofia (Pair 1) stood out with some fantastic returns, showing resilience and skill in each point. Meanwhile, Ruby and Penny (Pair 3) battled hard, narrowly losing two of their three matches 6-3, but impressed all with their relentless positivity and infectious humour on court.





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The B team also delivered a strong showing, achieving half the score or more in three of their nine sets. Sophie and Alice (Pair 1) played particularly well against Ampleforth's 3rd pair, narrowly losing 7-5 in a thrilling set full of momentum shifts and extended rallies. Kitty and Anna (Pair 2) also came close to a win, losing 7-5 against their opposite 2nd pair after a hard-fought contest. Pair 3 – Sophie VL and Izzy F – made their senior debut and impressed with their consistency and teamwork, laying solid foundations for the future.

A huge well done to all the girls for their effort, energy and attitude across the board. Your positivity was noticed and appreciated – a brilliant reflection of your commitment and team spirit.

Girls U15A v Ampleforth College (A) Won 6-3

The girls played brilliantly in this match and it was great to see some new names in the squad. Valeria and Yuma dominated as first pair, winning all their matches 6-0. Ava and Heidi also did well, winning two matches and losing the final one 2-6. Annabel and Poppy, in her debut for Y10 tennis, played very well as a pair, having some excellent rallies against their opposition. They won one match 6-3 and came close to a second, losing narrowly on some close deuces.

Girls U14A v Ampleforth College (A) Lost 0-9

This Ampleforth team were very strong and there were some excellent and closely fought battles between the two sides. Unfortunately deuces didn't go our way on this occasion but we look forward to rematches in years to come.

Girls U14B v Ampleforth College (A) Lost 2-7

These matches were the best of the day as all pairs had good, competitive matches against all the opposition. Ursula and Emily were very consistent, getting a 6-4 win against the first pair but then seeing this reversed against the second and third ones. Ryleigh and Honor did very well, having some excellent battles and coming out with a close 4-6 against the first pair. Tamara and Annabel had the longest matches of the day, winning one set 6-5 and losing another 5-6. Overall this was a great set of matches and well done to everyone involved.

Running

Senior Boys & Girls Everest Challenge (H)

World Record Broken on Winder: Everesting Challenge – Saturday 7th June 2025

In a breathtaking feat of endurance, Old Sedberghians Joe and Andrew Symonds smashed the Everesting World Record on Saturday 7th June by climbing the height of Mount Everest (8,849m) in a jaw-dropping 10 hours, 8 minutes and 53 seconds, taking an incredible 36 minutes off the previous record.

Their chosen route? A brutal 185m climb up a 450m stretch of Winder, repeated 48 times with a gradient hitting 41%—a true test of physical and mental fortitude. Aiming for an ambitious pace of 8 minutes up, 4 minutes down, the brothers surged through the early stages and never looked back.

At 10:30am, Sedbergh's pupils, staff, Old Sedberghians, Prep School children and family members joined in the effort, taking part in their own Everesting Challenge relays. In teams of three, with names drawn from all corners of the Sedbergh community, they undertook the immense challenge of 32 ascents of Winder to collectively match Everest's height.

The weather was characteristically Cumbrian—intermittent sunshine interrupted by sharp, soaking showers. But the tough conditions did little to dent the enthusiasm, camaraderie, or sheer determination on display. Each team checked in at the summit with James and Caroline Morgan, who had set up base camp atop Winder.

Just after 6:00pm, after nearly 50 ascents and relentless climbing, Joe and Andy Symonds made one final push to the summit. As cheers rang out from below, the stopwatch stopped at 10:08:53—a new World Record. A historic moment on their home fell.

It was a day that celebrated endurance, community, and school spirit. From a world record-breaking performance to the shared effort of dozens of runners from across the Sedbergh family, the 2025 Everesting Challenge will go down in the annals of Sedbergh folklore.





EST. 1525

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