



Sedbergh
SCHOOL

SPORTS REPORT

06 October - 12 October 2025

SPORTS RESULTS

Sailing

RYA Team Racing Championship

Over the weekend, the senior sailing team travelled to Oxford to take part in the Eric Twiname RYA Team Racing Championship. This event marks the pinnacle of team racing across the U.K. and has been the biggest challenge for our team in the past several years.

Saturday saw poor conditions with no wind to be had and racing was abandoned before Sedbergh took to the water.

Sunday saw a slow start with racing beginning just after midday as the wind filled in. In our first two races, we narrowly lost to Royal Hospital School in a grudge match from last weekend's fixture and also lost against Derbyshire. The second and final set of races saw Sedbergh against Scale Dam and Oxfordshire and despite valiant attempts, the team were outclassed on the water.

This was the biggest challenge our sailing team has faced and will be able to learn from this experience moving forward.

Running

Mid Lancs Cross Country League

With big block fixtures in hockey and rugby this weekend, the Sedbergh School Running Team was somewhat reduced in numbers — but certainly not in enthusiasm — as 22 runners made the short trip to the Westmorland Showground for the opening fixture of the 2025–26 Mid Lancs Cross Country League.

It was a glorious autumn afternoon in Kendal, the still air and bright sunshine offering perfect conditions for fast running.

The first Sedbergh athletes to toe the line were the U15 girls, where Grace G (10L) ran strongly to finish 19th, closely followed by Blue T (10R) on her league debut in 24th. In the U15 boys race, there was a warm welcome back for Logan S (10Sh) after a lengthy lay-off with a serious knee injury. He ran bravely to finish just behind Arthur H (10E), with Alex Du C (10H) rounding off the trio in 7th to complete a solid team performance.

The U17 age groups produced the day's best team results. The boys finished second overall, led home by the ever-consistent George M (11H) in an impressive 4th place. Ben G made a fine debut for Sedbergh, finishing 7th, while Henry P (12Sh) was the third counter in 19th. The girls' team also impressed, taking third place, led by Juliet PL (12L) with an excellent 5th, followed by Bertie C (12L) in 9th and Sophie N (11L) in 13th.

In the U20 women's race, team captain Fleur H (13L) continued her fine form, finishing 6th, just ahead of Wilson Run winner Jemima H (13L) in 9th. Both showed real commitment and leadership, setting the tone for the senior squad.

The final race of the day saw 220 runners take to the start line for the Senior Men's race — and it was Sedbergh's Athlete in Residence, Ben Harrison, who stole the show, storming to a commanding victory with a 30-second margin over his nearest rival. Head of Running, Richard Wells, finished 36th (3rd V55), while Old Sedberghian James Corrigan made a welcome return to competition, placing 80th. The first senior pupil home was Edouard De B (13Sh) in 92nd — an excellent result in such a deep field.

With a strong mix of debutants, returners, and experienced performers, it was an encouraging start to the winter season. A small but spirited Sedbergh squad once again showed that determination and teamwork can more than make up for limited numbers — cheered on by a handful of supportive parents and staff who made the afternoon feel unmistakably Sedberghian.



Netball

Girls U18A v Bolton School (H) Lost

On Friday the 1st team faced Bolton School in the second round of the SIS Cup. The team started well, ending the first quarter 2 goals up. Bolton came out firing and very quickly turned some crucial turnovers to take the lead. Some errors crept in but the girls continued to work hard and were only a few goals down at half time so all was to play for. The second half was very well contested with both teams not wanting to give the game up. However, it was Bolton who came out on top to take the win. Lots to reflect on and work on ahead of our next match.

Hockey

Girls U18A v Repton School (H) Lost 5-1

The first T1 league game of the season and probably the toughest. The game started brightly with Sedbergh bringing a level of intensity and determination a step up on anything so far this term. Unfortunately, after 12 minutes the girls didn't react to the lack of an umpires whistler and allowed Repton to stroll into the D and open the scoring. The lead only lasted a minute however, Pattinson made a great tackle on the top of Sedbergh's D and immediately fired a powerful clearance straight to Carnochan on the half way line. She combined with Gresswell who's run carried her into Repton's 23m area before unleashing a backhand cross that found Carnochan who responded first to the bouncing ball and finished well.

The game remained 1-1 until a moment before half-time when Repton took advantage of an increase in possession to sneak a goal at the near post. The third quarter saw more brave defending and some excellent counter attacks but again just before the next break Repton scored from a series of penalty corners. In the final quarter Sedbergh finally ran out of resistance and Repton scored a couple more. However, this game was a lot closer than the final score and should give the girls confidence for the rest of the campaign.

Girls U16A v Kirkham Grammar School (H) Drew 2-2

Sedbergh faced a tough challenge against a strong and well-structured Kirkham side. Kirkham started the game brightly, dominating the opening ten minutes and taking an early lead.

Sedbergh quickly settled into their rhythm, finding better connections across the pitch and soon equalised with a well-worked team goal. The second half remained competitive, but a momentary lapse in marking allowed Kirkham to regain the lead at 2-1.

Heidi was excellent in goal, making several important saves to keep Sedbergh in the game. With five minutes remaining, some neat play through the midfield created an opportunity for Cooper, who calmly slotted home the equaliser to make it 2-2. Despite limited time training together, the girls delivered a strong and spirited performance, showing great teamwork and determination throughout.

Girls U18A v Dollar Academy (H) Won 6-0

Playing under the lights on a Friday evening the girls played quite possibly their best match of the season. Fast, dynamic and aggressive from the start they took control of the game and never let go. Cosgrove starting in midfield was central with her ability to get on the ball, link with others and create space she was massively impactful.

Out wide Evans, Neesham and Carnochan enjoyed taking on Dollar defenders while Glover and Foxtan caused havoc with their incessant pressing up front. 2-0 at half time and the girls increased the tempo in the second half with four more goals. Foxtan bagging two. This was exactly the response to Wednesday that Sedbergh needed, and they girls will need to be even better on Wednesday against a strong RGS side.



Girls U15A v Dollar Academy (H) Won 6-1

The U15s delivered another outstanding performance this week, securing a dominant 6–1 victory against Dollar Academy. From the first whistle, Sedbergh controlled the pace of the game with sharp passing, excellent teamwork, and relentless attacking play. Goals came from across the squad, showcasing the team's depth and creativity in attack. Polly W and Penny T both found the back of the net with clinical finishes, while Ella L and Bella C added to the tally with superbly taken goals. The team's work rate and communication were exceptional throughout, with every player contributing to the strong result. Defensively, Sedbergh stayed composed and organised, limiting Dollar's chances and maintaining intensity until the final whistle. The 6–1 scoreline was a fair reflection of a confident and cohesive team performance.
POM - Annabel H

Girls U14B v Dollar Academy (H) Drew 1-1

The U14B girls put in a fantastic performance in their 1–1 draw against a strong Dollar Academy side. The team showed real determination, energy, and excellent teamwork throughout with their communication on the pitch being outstanding, allowing them to keep the pressure on their opponents throughout the match, and every player giving 100% effort, in both attack and defence.

While there are still a few areas to work on in training, the team should be incredibly proud of their performance and the progress they're making.

Exceptional players on the day were S. Bolton-Price, I. Cooper, and F. Cheape who made a huge impact with their hard work and smart play. Overall, a brilliant display of teamwork and effort from the U14B girls, a performance they can definitely be proud of.

Girls U18B v Stonyhurst College (H) Drew 2-2

A closely contested game of hockey on a great afternoon in Sedbergh. Not the strongest performance of the season but some great fighting spirit to rescue a draw at the end. Sedbergh started strong and the Stonyhurst goalkeeper was in inspired form. Kitty Mcarthy eventually broke the deadlock to give Sedbergh the lead. The girls should have been 2 or 3 goals to the good but a deflected shot from the first real Stonyhurst attack left it 1-1 at half time.

They came out strong and took the lead, Zara Baumeister making some good saves to keep it at 2-1. The girls upped the tempo towards the end and with 2 minutes to go Kitty Mcarthy struck again to equalise. Sedbergh looked for a winner in the last couple of minutes but were unable to find the net before the final whistle.

Girls U18C v Stonyhurst College (H) Won 1-0

We had a great game Vs. Stonyhurst with another win under our belts. First half was a frustrating first half with our team not making the most of our opportunities to score as we had 6 short corners in the first half and many shots off target.

We went into the break 0-0. We started the second half really positively with through balls making its way to our high lying striker with more shots on target, but saved from their goalie. We managed to get a through ball to our strikers and we got the ball in the back of the net to make it 1-0 up to Sedbergh.

The last 10min we set up defensively and kept Stony Hurst out, ending the game 1-0 to Sedbergh. Well done all involved.

Sedbergh HC v Ambleside 1s (H) Won 8-0

Sedbergh Hockey Club continued their excellent run of form in the league with a dominant 8–0 victory over Ambleside. The girls delivered another strong performance on Saturday, showcasing their growing confidence and teamwork.

As the team continues to consolidate and develop, it's clear that their hard work in training is paying off. The passing was sharp, the movement creative, and the finishing clinical. Every player contributed to the result, and the team spirit was outstanding throughout.

There's still plenty of room to grow, but performances like this show just how far the team has come — and how much potential there is for the rest of the season. A brilliant result and a day to be proud of!

Girls U15A v Stonyhurst College (A) Drew 4-4

The U15s faced a competitive and physical game against Stonyhurst, with both teams showing strong skill and determination throughout. It was an evenly matched contest, with plenty of end-to-end play and some excellent individual performances. The girls worked hard to maintain intensity and composure under pressure, demonstrating great teamwork and resilience.

Going forward, we will look to improve our ball pace and off-the-ball movement to create more fluid attacking opportunities. Goals scored by Minnie R, Bella C, Polly W, and Penny T.

Girls U15B v Stonyhurst College (H) Won 8-0

Great team performance from the girls saw everyone contribute to a strong win. The girls were relentless in attack and player of the game was the visiting goalkeeper that pulled off several excellent saves. Stonyhurst blocked up the middle and put everyone back behind the ball. Sedbergh shower some great play attacking down the wings and getting the ball across the D from the baseline causing constant problems.

The girls really impressed me with how they stomped the problems and played intelligent hockey down the wings.

Girls U14A v Stonyhurst College (A) Won 3-2

The U14A girls travelled to face a strong Stonyhurst side searching for a positive result after some tough games. The game started evenly, with both sides creating some chances and moving the ball around the park. Stonyhurst broke the deadlock after sustained pressure towards the end of the first half. 1-0 down at half time, Sedbergh looked to step it up in the second. They did just that, scoring 2 quick goals soon after the restart... up 2-1 now thanks to Martha and Bea. The game evened out again, and Stonyhurst managed to create more chances, but Millie B stood strong, making a few fantastic diving saves. The play of the day through our midfield and across to our forwards led to Sasha scoring our 3rd goal. Stonyhurst replied immediately to make it 3-2, after that a couple more chances were made but none taken to end the game 3-2 to Sedbergh.

Girls U14B v Stonyhurst College (H) Won 4-0

The U14B girls delivered an outstanding performance in their 4–0 win over Stonyhurst, showcasing just how much progress they've made as a team throughout the season so far. From the very start, they played with confidence, intensity, and fantastic teamwork, keeping control of the game throughout both halves.

The goals came from F. Cheape, E. Whalley, T. MacDonald, and A. Haywood, while the team's communication and passing being highlights of the game, allowing them to move the ball and create numerous scoring opportunities.

Girls U15A v Dollar Academy (H) Won 6-1

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Rugby

Boys U18B v Durham Cathedral Schools Foundation (A) Lost 48-19

Sedbergh were beaten by a well-drilled and highly physical Durham U16A side. The home team's physicality allowed them to make consistent gains over the advantage line, despite valiant efforts from A2 to contain their attacking threat.

Although there was a clear mismatch in size and power, Sedbergh displayed impressive handling skills and made good use of their pace out wide. Tash M played with real determination and explosive power, while Billy Y showed excellent game awareness and composed handling.

Despite the scoreline, the A2 boys demonstrated great spirit and resilience throughout. We now look forward to welcoming Durham to Sedbergh next half term.

Boys U15A v Kirkham Grammar School (H) Won 12:10

Colts B battled hard to overcome a strong Kirkham side in the second round of the Continental Tyres Schools' Cup. Kirkham scored first after 6 minutes before Sedbergh dominated territory and possession for the majority of the first half. Unfortunately, Sedbergh appeared to lack a cutting edge and looked unlikely to score before a flurry of activity in the Kirkham "22" resulted in Jelani I crashing over shortly before half-time. Kirkham had a final possession before the break and Brown did well to shut them down and see out the half trailing just 5-7.

Sedbergh then started the second half with a bang as Jelani again made yards before smartly offloading to a supporting Ted M to score. Kirkham looked threatening at times and opted to kick for the posts from penalties on three occasions, fortunately just managing to convert once. Sedbergh made hard work of closing out the game, making some poor decisions at key moments, but rallied well in defence to ensure they progress to the next round of the cup.

U14A V Newcastle RGS (A) Won 45-12

The U14 squad travelled to Newcastle for what we knew would be a challenging fixture after a full morning of lessons and over two hours on the coach. The Newcastle side caught Sedbergh cold and scored early to make it 7-0.

Sedbergh regrouped, adjusted, and scored 4 unanswered try's to make the score at half time 26-7. The team adapted their approach, and it was pleasing to see the leaders in the group take charge.

The second half followed a similar pattern to the last 15 minutes of the first with Sedbergh scoring almost at will initially. Newcastle were not however finished and pushed hard for a try of their own in the second half. The final score of 45-12 felt harsh on the home side but showed the style this young side can play with when they focus. We now progress to Round 3 of the Cup and look forward to finding out who are opponents are.



EST. 1525

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