



Sedbergh

SCHOOL

SPORTS REPORT

10 March - 16 March 2025

SPORTS RESULTS

Sport Colours

Netball

Amber Goodhart, Kaia Felipe-Scargill, Evie Robinson, Pippa Radford, Ella Starling and Maddie Burnside - Colours given for their commitment, drive and efforts they have given to netball and for all their achievements, especially this year.

Hockey

Oliver Barnard, James Sloss, and Seb Jones

Biathlon

Elif Sancar - Elif has trained extremely hard this season and competed for Britain at the Junior World Championship in the Biathlon.

Elif was one of the youngest competitors by two and a half years and she performed honourably. She has a very bright future, and we are delighted to award Elif her Headmasters Colours for International Representation.

Hockey

Boys U18A v QEGS Wakefield (A) Lost 6-0

Wednesday saw the 1st team boys travel to QEGS for their next round of the Independent Schools Plate Tournament. Having been there earlier in the season the boys felt up to the challenge. QEGS scored a top goal halfway through the first half. Tons of chances for Sedbergh but none jumped upon, so the boys went into the half 1-0 down. A level start to the second half until QEGS scores their second and the flood gates opened. Lots of pressure and a lack of focus allowed QEGS to score another 3 goals in quick succession. Sedbergh regained some momentum but it was too late. Knocked out of the cup with a 6-0 loss.

Sedbergh HC v Kirkby Stephen 2 (A) Won 3-2

Sedbergh HC faced their toughest game of the season against league leaders Kirkby Stephen 2. Despite having sore legs from the Wilson Run Qualifiers, the team was determined to secure a win. The first half was intense and closely contested, with Kirkby Stephen scoring the opening goal within five minutes. Undeterred, Sedbergh pushed to raise their energy levels, and their efforts paid off when Herring scored an equaliser just five minutes before halftime. In the second half, Sedbergh took control, adding two more goals from Foxtan and Vincent. The match ended with an impressive 3-2 victory for Sedbergh, and the team should be incredibly proud of their performance.

Girls U15A v U14 George Watson's College (H) Lost 0-6

The girls struggled to get out of the classroom in the first 10 minutes, conceded two quick goals. Although they gradually warmed to the task they shipped another couple before halftime. The second half was a much brighter affair with the girls finding more connections and confidence. Although the result was disappointing the game showed up some valuable lessons.

Girls U14A v George Watson's College (H) Won 2-1

The U14 girls played out a competitive match against George Watson's College with a number of players really shining and everyone giving everything in a committed performance. Rowley was the dominant force of the game playing at speed and with great skill. In support Verity controlled play from the back while Hinds, Craven and Glover linked well. On the left the Chapmans, McCollum and Steel were all impactful. GWC did have chances and Thompson made a number of excellent saves.

Girls U14B v George Watson's College (H) Won 2-1

Despite not having played any hockey this term, the team put in a fantastic performance! The energy was high from start to finish, and they played some great, simple hockey passing well and working together as a team.

It was a tough match against George Watson's College, but everyone stepped up, showing real determination and resilience. An awesome effort all around, well done!

Boys U18A v RGS Newcastle (A) Lost 2-1

After watching a top U14 performance the 1st team looked to replicate a dominant performance. A good first quarter saw a few chances for Sedbergh, but remained goalless. Sedbergh continued to create more chances and Tom B opened the scoring with a flick. The third quarter saw RGS gain momentum and put away a corner of their own. 1-1 going into the last quarter and Sedbergh continued piling on the pressure. More chances but nothing to show for it. Against the tide RGS managed to put away a chance in the last 2 minutes. Taking the win in the last moments after a far more dominant performance from Sedbergh. 2-1 to RGS.

Boys U15A v RGS Newcastle (A) Won 3-0

The U15 played their last home game of the season and signed off with their best all-round performance. In the first half they showcased their passing game, moving the ball at speed to space, forcing RGS to chase shadows at times. Scoring two goals through Bentley and Hetherington both goals were text book examples of 'total hockey'.

The second half saw RGS come back into the game and really bring the fight to Sedbergh. Although never in real danger Seymour was called into action to make three very good saves. In the final play of the game, an overtime penalty corner saw Morgan score the most well deserved of goals for this ultra committed defender.

Boys U14A v RGS Newcastle (A) Won 5-0

The U14A travelled to RGS with the 1st team boys on Saturday. A strong start joint with a lot of pressure saw the boys win a short corner. Tom put a flick bottom left to open the scoring. Some great interlinking play saw Sedbergh score another 2 goals through Wilf and Ollie. RGS gained some momentum and made chances of their own. Goalkeeper Sam managed to keep them out. Joe scored one just before half time as we went into the half 4-0 up. The 2nd half saw more great saves from Sam to keep a clean sheet and another goal from Ollie. A good 5-0 win for Sedbergh.





Netball

Girls U18B v Stockport Grammar School (A) Drew 28-28

Sedbergh's 2nd team netballers travelled down to Manchester to play a strong, physical Stockport Grammar 1st team. With a lack of numbers, the girls stepped up to the mark and gave Stockport a competitive fight. Although the girls ended the first quarter 8-5 down, they won the second quarter to bring the score to a level 11-11.

Eleanor Hanson, Sonia Gattward and Lileah Gregory provided a sturdy defensive unit at the back of the court turning over countless numbers of ball and being a consistent back up for the attack when needed. The second half remained close with a final score of 28-28. The girls kept calm and ensured they were patient in critical moments of the game. Alice Eddleston and Fen Harper did a stellar job to shoot under pressure in the dying moments of the game to keep the score level.

A special mention to Sophie Riddle, Daisy Cross and Daniela Brighetti who worked tirelessly in the midcourt being a link between the turnover ball and the goal every single play. They provided strong options forward and also worked well as a combination to move the ball smoothly across channels to spread the play out. A huge congratulations to all the girls who played, it was a brilliant game to watch!

OPOM: Sonia

CPOM: Lileah

Girls U18C v Giggleswick School (A) Lost 21-29

This was a competitive game, full of drama and tension. The Giggleswick 1st team, started with confidence in the first quarter, taking our mighty 3rd team a little bit off guard. Some re-jigging of the team for the second quarter, saw us almost draw level at half time, but they started to pull away in the 3rd. Fantastic, dominant play from Ava Hassan in centre court, plus excellent shooting from Sophie Bateson and Martha Pybus, meant we always remained in touching distance of challenging for the win. POM Darcie Gresswell

Girls U16A v Giggleswick School (A) Won 15-10

Sedbergh's U16 netball team put in a fantastic performance to secure a well-deserved 15-10 victory against Giggleswick. The game started as a closely contested battle with Sedbergh narrowly ahead at 3-2 in the first quarter. In the second quarter, Sedbergh cut down on silly mistakes. Martha, Elsie-May displayed outstanding shooting that helped push Sedbergh into a more comfortable 8-4 lead. Akeelah also played her best game yet, making a real impact on court. Sedbergh continued their momentum in the second half, maintaining their lead with great teamwork and commitment. Bella and Stella were brilliant in defence, making crucial turnovers. Ava gave everything at centre, showing endless energy, while Lily remained solid and consistent as always. Martha and Amelie also put in great performances, ensuring Sedbergh stayed in control throughout. With a strong all-round team effort, Sedbergh sealed the 15-10 victory—an impressive display and a well-earned win for the girls!

Girls U15A v Stonyhurst (A) Won 36-18

Sedbergh's U15A netball team put on a spirited display away at Stonyhurst in a full junior block fixture, ultimately emerging with a well-deserved victory 36-18. Across four intense 10-minute quarters, the nine-player squad worked tirelessly to execute their full-court defence and attacking pressures, forcing turnovers, and creating numerous scoring opportunities.

The opening quarter proved the tightest contest, with Sedbergh edging ahead by a single goal at 7-6. From that point onwards, the team's relentless drive and disciplined teamwork began to bear fruit. Victoria's impressive leaps and lightning pace helped disrupt Stonyhurst's flow, while Harriet and Betsy excelled at closing down space, denying their opponents clear shooting chances. Bea's reliable, accurate passing was instrumental in transitioning the ball safely and swiftly through the court, ensuring consistent service to the shooting circle.

Ruby and Mariella led Sedbergh's attack with their dynamic movement and perfectly timed shots in the D, which helped the side steadily increase their advantage as the match progressed. Meanwhile, Betsy's calm demeanour, timely interceptions, and intelligent application of tactics throughout the game earned her a well-deserved Player of the Match accolade. Special mention must also go to Bea, whose versatility in both defence and attack saw her secure multiple interceptions whilst repeatedly delivering the ball to the circle edge earning her Coaches Player.

Overall, it was a strong team effort that showcased Sedbergh's growing cohesion and adaptability, and the players should be proud of the skill and commitment they displayed against a competitive Stonyhurst side.



Girls U15B v Stonyhurst (A)

A great performance by Sedbergh Under 15B against Stonyhurst. Great communication and skill led to a 22-15 victory. Sedbergh demonstrated great defence and impressive shooting. Mid court players worked hard creating great opportunities. Sedbergh were very good at making interceptions and using the ball.

Stonyhurst started to catch up and after the 3rd quarter the score was 14-12 to Sedbergh. After we slowed down, passed accurately, and concentrated on our communication we made the lead vastly bigger. Overall Sedbergh Played very well however still areas to improve on. POTM Savanacha, very well deserved!

Written by Octavia

Girls U14A v Stonyhurst (A) Lost 32-9

(Written by Annabel H the U14A captain)

We played well as a team today and everyone played really well individually. Lottie made an amazing interception in the D stopping them from scoring, Tamara marked her player really well, penny's marking from behind when they were shooting stopped them so many Times, Caitlin was amazing always getting free for balls when we were struggling, Minnie's feeding into the D was really good setting the shooters up for good shots, Ursula did really well with overhead passes and holding her ground against her defender, Bella's shots were really good getting lots of them in, Emily was really good at getting free from her player and taking shots from the outside of the D. Overall I think we did really well connecting passes and working together.

Girls U14B v Stonyhurst (A) Lost 14-10

(Written by Ella L)

The U14Bs had a very good match against Stonyhurst finishing on a score of 14-10 to Stonyhurst. The first quarter wasn't our best and we knew we had to improve as Stonyhurst were a couple goals ahead. By the third quarter everyone started working as a team and we were catching up to Stonyhurst. The last quarter was our best, yet everyone played amazing with Lula and Tilly scoring some amazing goals and Daisy and Emily working hard back in defence. Overall, this was a great game, still areas for improvement, and hopefully we will win our next match.

Girls U18A v Yarm School (H) Won 49-28

On Thursday, in what is the last home game of the season for the 1st team, it was time for them to face Yarm in the Semi-final of the SIS Plate Competition. With the home advantage the girls were ready and determined to get the win to reach the finals day next week. Both teams started strong, going goal for goal, until some key turnovers from the Sedbergh girls opened up a slight lead at the end of Q1. The girls looked to push on in Q2 to grow the lead but Yarm came back at us. However, the girls started to build in attack with the mid court finding our shooters well in the circle and rewarding them with goals. Half time came and Sedbergh were still in the lead.

Q3 started well but Sedbergh took a slight dip halfway through the quarter. Knowing we needed to lift and with the supporters making some noise, the defence turned on the pressure and started to force more turnovers, which proved key in the girls managing to open up a lead. The final quarter the girls knew they needed to finish the job but also knowing for some this would be their final home game at Sedbergh, they wanted to go out and enjoy this last quarter and finish in style. They did just that. A run of goals in attack saw them take the win and the final whistle brought smiles to faces.

The win sees us through to the Final Four day in Loughborough, a great way for the girls to finish off what has been a great season.

Huge well done to the girls who received their Netball Colours for their dedication and commitment to netball over their years at Sedbergh.

Football

Boys U18C v Bolton School (A) Won 5-0

Ramsay Souttar bagged himself a hat trick and the plaudits, in a dominant 5-0 victory away at Bolton School for Boys.

The match began with Sedbergh on the front foot, pressurising their opponents early on, and forcing some early corners, which came to nothing. However, a speculative through ball saw Ramsay race through against an on-rushing goalkeeper and roll the ball home, after his initial effort had been half saved.

Buoyed by this early success, confidence grew in the team, and saw a number of opportunities created which were squandered. Our hosts went close from a headed attempt which came back off the crossbar, but just before the break Souttar added his second by calmly rolling the ball into the far corner.

The second half continued in the same vein, with Sedbergh on top and a third was added by Will Dawson, who finished well under pressure, before Reuben Wiltshire, bundled a fourth in at the far post. It was left to Souttar to round off a man of the match performance by dispatching a penalty in the dying minutes, capping off a great team performance. The clean sheet was as pleasing as the goals scored and equal credit must be given to our goalkeeper Paidi, and his back four for restricting our hosts to so few opportunities.

Boys U18A v Barnard Castle School (A) Won 7-1

Sedbergh took their chances and has a small slice of luck along the way as they comfortably beat Barnard Castle 2XI.

On a bobbly pitch, the usual style of football was hard to replicate, but the hosts took the lead with an unusual own goal, scored by Barnard Castles' goalkeeper, who fumbled a high ball over his own goal line, under pressure from Toby Follett.

Normally, Sedbergh usually build on their leads, but it took until 30 mins for the best move of the match to see Oscar Firth double our lead. This signalled a period of dominance and further goals from Firth and Sterne put the home side in total control (4-0).

Barnard Castle pulled a goal back on the stroke of half time, direct from a corner, but the 2nd half continued in similar fashion to the 1st with further goals from Firth, pouncing on a shot spilled by the keeper, to complete his hat trick.

Captain, Levi Berchtenbreiter, scored a well deserved sixth and late in the game, debutant Kaka Wafalu rounded off the scoring by placing the ball into the far corner. Although goalscorers often receive the plaudits, centre back, Will Hicks was outstanding in his first match for Sedbergh.

Boys U18B v Barnard Castle School (A) Won 4-2

Playing away to an unbeaten Barnard Castle was always going to be a match to savour and didn't disappoint. Although we didn't start poorly, the Castle were able to score their first within 10mins and then a second only 2 minutes later, leaving us momentarily wondering what was actually occurring. But we always believed we could get it back, playing more freely from there on in and only a mere 4 mins later Taras turned and ran determinedly towards goal, and wasn't letting anyone push him off that ball till he sent it past the keeper, 2-1 and Sedbergh were back in it.

The lads knew they were now the better team despite the score saying otherwise. Rocco's corner 10 mins into second half was delivered fast and low ricocheting off their keeper and into the net, all square and tide turning (2-2)

Both Temperton, who was an absolute anchor at left back all game and Taylor pounced on a lovely through ball, and will now spend many a happy hour debating who gets the assist from a ball sent towards the goal that the goalie (who'd made some great saves, particularly a diamond of a free kick from distance by Davies, that dipped late to almost sneak under the bar), simply miss-kicked, spinning it off his own boot and again into the back of his own net 3-2 Sedbergh.

From an 2-0 deficit to now leading, all Barnard could do was to try and defend, which they did admirably till Ramsay who'd run all but a complete marathon by now, floated a gorgeous ball forward which Rocco connected perfectly with to end this game 4-2.

(MoM: Harry Temperton)

Swimming

Mixed U18A & U15 A v Durham Cathedral School Foundation (A) Won 271-251

This was a very competitive event with some outstanding individual and team performances. Sedbergh won all in 3 age categories u13,u15 and u18 for both genders . Ollie I , Oli S and Felix had impressive times for Fly and Front crawl respectively. For the girls, Ava V and Hannah N won all their races. Change overs in relays were slick and pupils were executing breathing techniques activated in training into races. This blended team comprised of prep school and senior school pupils fought hard to secure a narrow victory Durham 251, Sedbergh 271 points. Overall a successful swim meet with a well deserved outcome.

Target Rifle

Mixed U18A Huddersfield Open (A)

Yesterday, we travelled to Salisbury for a refamiliarisation with fullbore outdoor shooting. 4 of the 10 that came down had never shot fullbore before, after spending some time coming to grasps with the rifle, they all performed really well! Most notably Otis Ridley shot 45 out of a possible 50 on his first ever shoot! A remarkable result!

Fives

Mixed U18 v Strathallan School (A) Lost 11-17

As part of their North of England tour, Strathallan travelled to Durham and then on to Sedbergh and stayed the night in Powell House. The match took place on Sunday morning. First up was the singles matches. There were some terrific contests and good wins for the top seeds Phoenix Ogilvie Robertson and Toby Follett. Battling hard were Zeri Tomlinson and Hector MacClean who both earned valuable points from their ties.

In the doubles match. Phoenix and Zeri had a titanic struggle as did Fred Leslie and Seb Massey Ford who tried valiantly but were overcome by stronger opponents.

In the staff match, Strathallan won. Comfortably. Again!



Running

English Schools Cross Country Championships

Ardingly Showground, West Sussex

Six of Sedbergh's finest cross-country athletes earned selection to represent Cumbria at the English Schools Cross Country Championships, one of the most prestigious school running events of the year. With over 300 runners in each race, the competition was fierce, and the challenging course at Ardingly Showground provided a true test of endurance and race craft.

Pre-Race Conditions

Departing Sedbergh on Friday lunchtime, the team made the long journey south, arriving in time for a good night's rest before the big day. Saturday dawned with clear blue skies but a biting wind, making conditions deceptively tough. Underfoot, the undulating course was rough and rutted, thanks to the regular presence of horses and moles, while the steep hills ensured that pacing strategy was crucial.

Intermediate Girls (Year 10/11) – 3,750m

Julia F (10L) and Daisy F (11L) lined up for the Intermediate Girls race, facing an explosive start as the field charged towards the first narrowing corner. Julia battled hard to maintain her position, finishing mid-pack after a gritty performance. Unfortunately, Daisy, already feeling unwell before the race, struggled to find her usual rhythm and finished towards the back of the field.

Junior Girls (Year 9) – 2,850m

Coming off a medal-winning performance at the UK Inter-Counties XC Championships the previous week, Lucia C (9R) arrived in peak form. She started aggressively, latching onto the lead pack in the early stages. As the race unfolded, the front group of 12 athletes gradually pulled away, leaving Lucia to battle in a chase pack of 6-8 runners. With a strong surge in the closing kilometre, she powered through to finish 15th overall—a fantastic result in such an elite field.

Intermediate Boys (Year 10/11) – 4,800m

Hugo B (11SH) and George M (10H) took on the brutal 4,800m course, both eager to make their mark. Hugo, targeting a top-10 finish to earn his first England vest, executed his race plan well, positioning himself with the front group from the start. Despite his impressive speed endurance on the descents, he lost some ground on the climbs and found himself in 15th place at the bell lap. He gave everything in a last-ditch effort to reel in the top 10 but finished a magnificent yet agonising 11th place—just one spot shy of automatic England selection. As first reserve, Hugo still holds hope of competing at the Schools International Athletics Board (SIAB) event next weekend in Callendar Park, Scotland.

Meanwhile, George M (10H), still with another year in this age category, produced a commendable 124th-place finish in a race where 10 seconds could mean a shift of 30-40 places. His effort was evident as he crossed the line vomiting—a clear sign of the total commitment he put into the race. The experience will undoubtedly fuel his ambitions for next year's event in Liverpool.

Senior Boys (Year 12/13) – 6,000m

The final race of the day saw George D (13SH) take to the start line, embracing the occasion despite his primary focus being on the upcoming Wilson Run. Racing against some of the best young endurance runners in the country, he put in a solid performance to finish mid-pack, demonstrating his strength and resilience in the tough conditions.

Looking Ahead

As the cross-country season draws to a close, Sedbergh's athletes now turn their attention to the track season—but not before one final challenge: the Wilson Run on Tuesday, 25th March. With strong performances on the national stage, the future looks bright for Sedbergh's endurance runners.





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