



Sedbergh
SCHOOL

SPORTS REPORT

13 October - 19 October 2025

SPORTS RESULTS

Rugby

Boys U18C v Ermysted's Grammar School Boys U18A (A) Won 40-5

On a perfect day at Skipton the 3rds performed well against a big physical Ermysted's side. Good quick ball enabled the 3rds to stretch the opposition allowing Marshall and Hempstock to thrive in the open spaces. The 2nd half was more of a scrappy affair but good work at the breakdown by Dowson and Holden enabled the 3rds to run out comfortable winners.

Boys U16A v RGS Newcastle (H) Won 54-7

A1 took on RGS Newcastle on Powell pitch in their final game of the half term. A half term that has seen the A1 side score over 350 points in 10 games, with just the loss to Blackrock the only downside.

An opportunity for some of the players that represented the A2 side brilliantly this half term to step up and be counted. The opposition arrived late and were soon on the back foot in the game as the Brown played some really nice passages of play, with the first half dominated by Sedbergh and four first half tries through Moran, Cameron, Gawthorpe and a classic scrum half snipe by Laird to bring the score to 28-0 at half time.

An unfortunate injury to centre Bentley, meant the game had to be relocated to the field of dreams, which is Lupton. This did not deter the A1 side from continuing to press hard in attack, and a further two tries were soon scored through centre Massey and Lock Hutchinson.

RGS then came back into the game and took their opportunities in the Sedbergh 22, allowing the dangerous outside centre a chance to break a tackle and power through for RGS' solo try for the afternoon. Sedbergh reacted well and came back with gusto; Hooker Collinson went through for 25 metres after seeing a gapping whole around the ruck and finally wing Mutikani powered over in the wing after some nice phases of play.

The final score A1 54 -7
Honourable Mention: Jelani
Man of the Match: Moran

Boys U16B v Giggleswick School U16/17A (A) Lost 7-35

Sedbergh A2 put in a determined performance but were ultimately outmuscled by an older and more physically dominant Giggleswick side. Despite the challenge, Sedbergh defended stoically and displayed real character throughout the game, particularly in the second half, where they produced the better passages of rugby as the Giggleswick School Rugby Club watched on.

Notable performances came from K. Armstrong, whose relentless work rate set the standard, and A. Morgan, who impressed with his intelligent running lines. The A2 side continues to make clear progress and will look forward to building on this performance in the second half of the season's fixtures.

Boys U15B v Lancaster Royal Grammar School (A) Won 44-14

With Sedbergh playing downhill in the 1st half we hoped to take control and build a lead. However, despite looking the better team Lancaster stayed in the fight, defending well and producing some powerful carries from their bigger players. The game was finely poised at half time, but Sedbergh produced an outstanding second half display to run out impressive winners.

Boys U18B v Northampton School for Boys (A) Won 38-31

Sedbergh 2nd XV returned to action after the half-term break, securing a hard-fought 38–31 victory over Northampton School for Boys (NSB). The effects of the break were evident early on, as Sedbergh began slowly and struggled to find their usual rhythm. Despite creating several scoring opportunities, uncharacteristic handling errors and lapses in concentration meant that early pressure did not translate into points.

However, as the first half progressed, Sedbergh began to assert themselves through powerful carries from the forward pack, eventually taking a deserved 19–12 lead into the interval.

The second half developed into a tightly contested battle, with both sides exchanging scores in a fast-paced, physical encounter. Sedbergh rediscovered some of the precision and structure that had been a hallmark of their pre-half term performances, producing several well-worked tries through intelligent phase play and disciplined execution.

Nonetheless, a combination of handling and defensive errors allowed NSB to remain within touching distance throughout. With the score separated by just one try in the closing stages, NSB launched a determined final attack. Sedbergh's defensive resilience and collective effort, however, ensured that the visitors were denied an equalising score, securing the win at full time.

Overall, this was a pleasing result and a reminder of the team's attacking potential, though it also highlighted areas requiring improvement. Sedbergh will take confidence from the victory but recognise that greater consistency and accuracy will be essential in the weeks ahead

Boys U15B v Northampton School for Boys (H) Drew 12-12

Sedbergh played a competitive game against NSB, Sedbergh scored in the opening 5 minutes. NSB later equalised after gaining a penalty. They then scored a well-earned try in the corner before halftime. Late in the second half Sedbergh scored to equalise again and had an opportunity to score in the last play of the game but sadly could not get through the NSB defence. The game ended 12-12.

Boys U14A v Northampton School for Boys (A) Lost 33-12

A much-changed C1 side due to injury, illness and unavailability saw several players take advantage of the debut for the side. The Northampton side started brightly but brave and committed defence from Sedbergh kept them out for the opening period. A cross-field kick bounced awkwardly away from the Sedbergh full back for NSB to score. This was quickly followed by two more tries to leave the score an unreflective 21-0 at half time. Sedbergh made a number of breaks and attacked well but couldn't find the killer punch.

The second half saw Sedbergh start the brighter and with some committed running from Erasmus N, Alfie B and Senna C-VDL the team gained territory and a scrum in the NSB half. The resulting backs move saw Adam H score under the sticks untouched, and Henry C convert to make the score 21-7. NSB then scored two further tries to make the score 33-7 with 10 minutes to go. It was pleasing to see the determination in the Sedbergh team not to allow the game to finish on a negative and prolonged pressure saw Edwin R-S score after a good carry from Alfie B, Sam S and Hugo B-M. The final score of 33-12 does not reflect the hard work and dogged determination from this young Sedbergh side. This does not take away from a quality NSB side and their deserved win but does show the depth at C1 is growing week on week and the connections being built across the squad will only make them a better group going forward.

Hockey

Sedbergh HC v Kirkby Stephen HC (A) Won 4-2

Sedbergh Hockey Club put in another strong performance against Kirkby Stephen, showing great teamwork and determination throughout the match. From the first whistle, Sedbergh controlled possession and created several good chances, moving the ball confidently and maintaining pressure on the opposition.

The defence stayed solid whenever Kirkby Stephen countered, while the midfield linked play well and supported both attack and defence. Some excellent finishing and quick passing resulted in a well-deserved victory for Sedbergh.

It was another positive step forward for the team, with players continuing to develop their connections on the pitch and play with confidence and spirit. A great effort all round and a well-earned win!

Girls U15A v Kirkham Grammar School (A) Won 2-1

Sedbergh U15s travelled to Kirkham for the second round of the National Cup. There were some tired legs as some of the team were playing their third match in four days. Fortunately, the team was full of talent and well supported by four Y9 pupils stepping up into the cup side. Captain Lottie B led the side through a good warm-up and the girls started really well, quickly seizing a two goal lead in the first 20 minutes. Kirkham came back into the match in the second half and managed to get a goal back through a well worked penalty corner. The girls had to show resilience to stay ahead when Kirkham seemed to be in the ascendency and earned a string of further penalty corners. Some fantastic saves by goalkeeper Millie B made sure Sedbergh finished the winners and progressed into the next round. Millie B was deservedly voted player of the match.

Girls U18A v RGS Newcastle (H) Won 7-0

Sedbergh romped to a statement victory over tough opposition. An even first quarter saw both sides create chances before Sedbergh broke through via a brilliant back-space shot from Gresswell. The game remained tight until Carnochan pounced on a loose ball after good work from Evans to make the score 2-0 at halftime.

Sedbergh then dominated the second half with pace, power and clinical finishing. Another goal from Gresswell, two from Evans and one a piece for Neesham and Cosgrove saw Sedbergh good value for a 7-0 win, kick starting their Tier 1 campaign.

Girls U18B v Cheadle Hulme U18A (H) Lost 3-1

Another game against an A team where the girls didn't look out classed but couldn't find the back of the goal. The game was relatively even with the difference in front of goal.

The Girls played some great hockey at times with the odd laps in concentration costing us in defence as the game got stretched and we were chasing goals.

If we can keep concentration and perform at our best for the full game, we are capable of beating some strong sides. The challenge for the rest of the season is to put in these strong performances.

Girls U18B v Rydal Penrhos School U18A (H) Lost 4-2

Just before breaking up for half term our U18B girls hosted a touring Rydal Penrhos School. A strong performance saw our girls test a talented Rydal 1st team. There were fantastic efforts around the park with Martha managing to bag a couple goals to put pressure on the tourists. A great performance to end our first half term.

Sedbergh HC v Dalston 1s (A) Won 2-9

Over half term, Sedbergh Hockey Club secured a big win against Dalston with an impressive team performance.

The game provided a fantastic opportunity for several Year 9 players to step up and gain valuable experience, alongside some staff members who joined the squad. Despite the mixed lineup, the team worked brilliantly together, showing great energy, skill, and teamwork throughout the match.

It was a dominant performance and a great example of the club's depth and spirit — a big win and a proud day for SHC!

Netball

Girls U18B v Merchant Taylors' Girls School (H) Lost 29-33

The Senior 2nds put on a determined and high-quality performance in a fiercely contested second-round clash against Merchant Taylor's. From the first whistle, both sides displayed great intensity, fighting for every loose ball, and working tirelessly to convert turnovers into goals.

Merchant Taylor's settled more quickly in the opening quarter, capitalising on a few misplaced passes and movements from Sedbergh to take an early 9-5 lead. Despite this, Sedbergh's defensive unit, led by Eleanor and Darcie resulted in countless interceptions, forcing the opposition to work hard for every opportunity. Fran provided superb through-court support, linking play with accuracy and composure under pressure.

In the second quarter, Sedbergh began to find their rhythm. With the team's movement more fluent and passes executed with greater precision, the game's momentum began to shift. Daisy was pivotal on the circle edge, delivering well-timed feeds into the D, while Sophia showed calmness and accuracy under the post, converting key chances to narrow the deficit. The improved structure and confidence across the court saw Sedbergh win the quarter, reducing the score line to 15-16 at half time.

The third quarter remained tightly contested, with Darcie tracking the ball superbly and making several crucial interceptions to keep Sedbergh within reach. However, a handful of unforced errors in passing and footwork allowed Merchant Taylor to regain control and re-establish a narrow three-goal advantage.

Heading into the final quarter, Sedbergh showed great determination and belief, pushing hard to close the gap. With Fran continuing to drive play through court and Sophia maintaining shooting precision, the margin narrowed to just one goal. Despite this late surge and relentless defensive pressure from Eleanor and Poppy, Merchant Taylor managed to hold firm, sealing a narrow 33-29 win.

Although the result didn't fall Sedbergh's way, the team demonstrated adaptability, and a strong sense of teamwork throughout. With continued focus on consistency and composure in crucial moments, this performance provides a strong platform for future success

Girls U18A v South Lakes Tournament (H) Won

We hosted the U19 south lakes tournament on Wednesday 15th October. As there was only 5 teams there it was a round robin, with the top 2 teams going through to the county round.

The girls started well, with a win to get themselves going and really showing the great team spirit they are building.

Games 2 and 3 followed a similar pattern, with 2 more wins and a chance for all players to get some court time but also play with some freedom and try out some set plays. We finished game 4 with our final win of the day and this was a game where the girls wanted to just enjoy it and end the first half term on a high, showing the progression they have made so far this year.

The 4 wins saw them top the group and through to the county round along with QES who were the runners up.

Running

English Schools Cross Country Cup First Round (A)

Sedbergh Girls Dominate at First Round of English Schools XC Cup with 3/3 Wins!

A beautiful, still autumn afternoon in Penrith provided the perfect stage for the opening round of the English Schools Cross Country Cup. Temperatures hovered around ten degrees, the sun shone brightly, and the course at Frenchfield was in superb condition — firm underfoot with long, undulating climbs and fast, flowing descents. Tactics and pacing were key, and Sedbergh's runners showed composure and strength throughout.

Four teams of six runners made the short trip north from the Senior School, accompanied by Richard Wells and Ben Harrison, with the shared goal of qualifying for the Regional Round, to be hosted at Sedbergh on Wednesday 12th November.

Junior Girls – 1st Place

The Sedbergh Prep girls opened proceedings with an emphatic display of front-running. Maggie R led the team home in 2nd place, and Sedbergh packed the next five positions behind her to seal a dominant victory and safe passage through to the next round.

Junior Boys – 2nd Place

In a competitive race against a strong Queen Katherine School side, the Sedbergh Prep boys produced a solid team performance to take 2nd place and secure qualification. Will G ran with great intent to lead the team home.

Intermediate Girls – 1st Place

Lucia C (10R) was in a class of her own, surging clear early and winning by a considerable margin. Behind her, Sedbergh's strength in depth was evident, with Minnie R (10C) 4th, Grace G (10L) 10th, and Blue T (10R) 12th. It was a textbook display of disciplined team running and smart pacing.

Intermediate Boys – 2nd Place

The Intermediate Boys worked superbly together across the rolling 4.1km course, their tight packing proving decisive. The scoring quartet of Harri T (10Sc) 8th, Henry C (10Sc) 10th, Arthur H (10E) 11th, and Logan S (10Sc) 16th ensured Sedbergh comfortably advanced.

Senior Girls – 1st Place

In perhaps the most dramatic finish of the day, Juliet P-L (12L) produced a perfectly judged run to win narrowly ahead of her rival from Kirkbie Kendal. That single place made all the difference, as Sedbergh's total of 20 edged Kirkbie Kendal's 21. Julia F (11L) (5th), Fleur H (13L) (6th), and Daisy F (12L) (8th) completed a brilliant scoring effort.

Senior Boys – 1st Place

In a fiercely contested race George M (11H) used his superb pacing to earn the win in a rapid 3:26/km average. Strong support from Henry P (12Sc) 5th, Harry S (11S) 9th, and Edouard B (13Sc) 10th sealed another Sedbergh victory.

It was a fine afternoon's work across all age groups, with Sedbergh qualifying all six teams for next month's Regional Round. The performances reflected not only individual talent but the collective depth and determination running through the squad — qualities that promise well for the season ahead.



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