



Sedbergh
SCHOOL

SPORTS REPORT

14 - 20 September 2026

SPORTS RESULTS

Special Mention

Scarlett S - Made the Lancashire Winter CAG Squad

Hockey

Girls U18A v Durham University 2nds (A) Lost 3-1

The Sedbergh 1st Team travelled to Durham for their traditional pre-season fixture against Durham University 2nd Team, facing a well-organised and fast-paced side that included several Old Sedberghians. It proved to be another valuable test against opposition competing in the National League environment, providing an excellent benchmark for the group's continued development.

From the outset, Sedbergh demonstrated resilience and commitment in defence. The girls dug deep throughout the contest, showing discipline in their individual defending and working tirelessly to disrupt Durham's attacking rhythm. At the other end, Sedbergh looked dangerous on the counterattack and created several promising opportunities, none more so than when Gresswell produced an excellent deflection in the second quarter that flashed narrowly over the crossbar.

Durham eventually broke the deadlock through Old Sedberghian Millie Jones-Perrott, who produced a moment of real quality with a powerful backhand strike from the top of the circle that found the roof of the net. The game continued at an impressive tempo, with chances shared between both sides, but Durham extended their advantage on the stroke of half-time with a well-worked penalty corner deflection.

Trailing 2-0 at the break, Sedbergh responded positively. The second half saw a tactical shift to a more aggressive pressing game, with the forward line applying excellent pressure to the Durham defence. This approach proved highly effective, creating numerous turnover opportunities and allowing Sedbergh to launch several dangerous attacks into the circle. However, Durham's goalkeeper and recovering defenders showed the quality and composure expected from a side competing regularly at National League level. Defensively, Sedbergh continued to impress. Cooke produced a number of outstanding saves to keep her side in contention, while Renison, Pattison and Fielding all contributed with crucial last-ditch tackles and interventions. After a hard-fought, goalless third quarter, Durham added a third goal early in the final period to strengthen their advantage.

To their credit, Sedbergh refused to let their intensity drop and were rewarded with a deserved late goal. Pattison initiated the move with an aerial pass from defence that found Vincent, who combined well with Jones. Jones carried the ball aggressively at the Durham back line before linking play back through Vincent. When Vincent's shot was initially saved, Neesham reacted quickest to convert the rebound and finish an excellent team move.

While the result ultimately went Durham's way, the performance offered plenty of encouragement. Against strong opposition, Sedbergh matched Durham for long periods, defended with determination and created numerous opportunities. Most importantly, the girls showed resilience, adaptability and a willingness to compete throughout, making this another valuable step in their preparation for the season ahead.

Girls U18B v Durham University 3rds (A) Lost 4-0

After a great start to the season, Sedbergh's 2 XI hockey team travelled to Durham to play Durham University 4's. Despite some outstanding defending and great saves from Heidi H in the first and second quarter, the team went into half time 2-0 down. In the third quarter Durham's attack was strong leading to us conceding two goals, making the score 4-0.

However, we did not give up, allowing us to have a few chances on goal ourselves, including an excellent shot at goal from Bella S in a short corner which narrowly missed. Our defence was much stronger in the final quarter, leading to the final score of 4-0. Regardless of the scoreline, the girls were proud of their defensive effort and there are many positives to take away from this match.

Rugby

Boys U18D v Harrogate Grammar School (H) Lost 29-14

A slow start proved costly for Sedbergh 4th XV as Harrogate Grammar School 2nd XV produced some powerful, hard-running rugby to take a 22-0 lead into half-time. Harrogate consistently won the gainline and collision battle, while Sedbergh struggled to get out of the blocks.

There was a much-improved response after the break. Sedbergh physically fronted up, began to win the contact area and were rewarded with 14 second-half points. Noah I and Sam S both produced particularly strong performances.

The 29-14 defeat provided an important lesson about the importance of winning the gainline. Sedbergh demonstrated in the second half that they could compete physically with Harrogate, but must learn to bring that intensity from the opening whistle.

Boys U16A v Prince Henry's Grammar School (A) Won 55-5

Sedbergh travelled to Prince Henry's Grammar School with an opportunity to build on the momentum from the previous match, and the boys produced an excellent performance from start to finish.

Sedbergh started with real speed and intent, moving the ball quickly from the line and finding space. This continued throughout the game, with the boys showing excellent ambition in attack and willingness to move the ball into space. The performance was particularly pleasing given the consistency with which the team maintained its attacking principles throughout the match.

Sedbergh's ability to create and exploit space resulted in a number of well-worked tries, with Ollie L and Marshall both crossing twice, alongside scores from Ted M, Harry C, Ben B, Rorke A, Joe B, Logan S and Wilf W, who also added two tries. Goodhart contributed two conversions, with Wilf adding another, as Sedbergh eventually ran out 55-5 winners.

The result provides an excellent platform as the boys continue to build momentum and develop their attacking game ahead of a challenging run of fixtures.

Freddie S was named Man of the Match for the way he organised the Sedbergh attack throughout the game. He made some excellent decisions about when to run and when to release a teammate into space, helping to create opportunities and keep the attack moving.

A special mention must also go to Logan S for the effort he put in throughout the game. He provided excellent support in attack while also working exceptionally hard defensively, contributing strongly at both ends of the pitch.

Boys U15B v Harrogate Grammar School (H) Lost 55-5

After a good start to the season B2 we're brought down to earth by a powerful Harrogate side.

Despite some brave defence Harrogate always looked a threat when they moved the ball to the wider channels and steadily built their lead.

Sedbergh saw more ball in the 2nd half and probably deserved more than their 1 consolation try.

Boys U16B v Dame Allan's School (H) Lost 33-21

A2 faced Dame Allan's under 16 A-Team over the weekend, and despite a narrow loss, showed they can compete with good quality opposition. Dame Allan's started brightly and went one score up within the first 10 minutes, but some excellent passages of play including great linking between the forwards and backs, soon saw Sedbergh come back into the game.

We went into half time with a 21-14 lead, but knowing that we would face a strong head wind in the second half. We made a number of handling errors and gave away easy possession too often in the last 30 minutes, and Dame Allan's eventually ran out 33-21 winners. Wilf W made an excellent return to A2, and on the wing Jack F saved a number of tries with some brilliant defensive work. Rocco managed some good turnovers and Harry D and Lucas M ran elusively throughout the afternoon.

Boys U18A v Clifton College (A) Lost 24-5

The 1st XV travelled to Clifton for what proved to be a fiercely contested fixture, with very little separating the two sides throughout the opening half.

Sedbergh controlled large periods of the first 35 minutes, showing good structure and creating opportunities to play in the right areas of the field. However, despite gaining repeated entries into the Clifton 22, we lacked the clinical edge required to turn pressure and territory into points. Clifton took their opportunity when it came, with the sides going into half-time separated by just two points at 7-5.

The second half was a different story. Clifton raised their physicality and began to win the gain-line battle, which allowed them to build momentum and dictate the tempo of the game. They showed patience and control with the opportunities they created, converting pressure into points far more effectively.

Sedbergh continued to compete until the final whistle, but Clifton's second-half accuracy and physicality ultimately proved decisive, with the hosts securing a 24-5 victory.

A frustrating result given the control and opportunities we created during the first half, but an important lesson in the need to be clinical when opportunities arise and to consistently win the physical battle against quality opposition.

There is little time to dwell on the result, with a four-day turnaround before we face Ipswich at Broadstreet. The focus now quickly shifts to recovery, learning from the weekend and preparing to respond with another significant challenge ahead.

Boys U16A v Clifton College (H) Won 26-6

Sedbergh U16 had the fantastic opportunity to host Clifton on Busk 1 in front of the school, providing an excellent occasion for the boys to test themselves against another strong opposition.

Sedbergh were slow out of the blocks, with a number of forced passes and turnovers at the breakdown allowing Clifton to build pressure in the Sedbergh half and make several entries into the Sedbergh 22. However, the defensive effort from Sedbergh during these periods was excellent. The boys showed great resilience and discipline to repeatedly defend their line, with Clifton eventually opting to take the points and opening the scoring with a penalty to lead 3-0.

As the half progressed, Sedbergh began to grow into the game. They started to build into their attacking shape, retain possession and put together multiple phases. This pressure eventually resulted in a well-worked score in the corner from Ben B, with Jake G converting brilliantly from the touchline to give Sedbergh a 7-3 lead at half-time.

The second half began in a similar fashion to the first, with Sedbergh again putting themselves under pressure through a loose pass and a forced turnover that resulted in a penalty. Clifton were able to make relatively easy entries into the Sedbergh 22, but once again the defensive effort was outstanding. After a sustained period of pressure, Clifton chose to take the points, reducing the deficit to 7-6 and leaving the game firmly in the balance.

Sedbergh then began to take control of the second half. The boys showed greater composure in possession and started to build multi-phase attacks, applying sustained pressure to the Clifton defence. This eventually led to a further score to extend the lead to 19-6. With the game still requiring composure and control, Sedbergh continued to build pressure and were rewarded with a crucial converted score from Ben B, taking the lead to 26-6 and effectively taking the game away from Clifton.

An excellent contest and a brilliant challenge overcome by the Sedbergh boys. The boys can take a huge amount from the performance as they now move into an equally challenging run of fixtures over the next few weeks.

Ben B was named Man of the Match after an excellent performance. He was a constant threat with ball in hand, particularly in the wider channels, and made a decisive contribution with two crucial tries at important moments in the game.

A special mention must also go to James H, who worked exceptionally hard throughout the game in both attack and defence. He made some important turnovers at crucial moments and carried the ball with real purpose, consistently putting the team on the front foot.

Tennis

Boys U16A v RGS Newcastle (A) Lost 5-1

The U15A Boys lost 5-1 to a strong RGS Newcastle side. Sedbergh played some great sets and fought hard but RGS Newcastle were just too strong on the day.

This result means Sedbergh are now out of the cup fixtures. Special mention to Will B for getting player of the match

Equestrian

Girls U18A Jumping with style Northern Nationals (A)

On Saturday, Coco and Izzy travelled up to Alnwickford Equestrian Centre in Northumberland to compete at the Northern Nationals.

Despite allowing plenty of time for the journey, both horses and riders faced frustrating delays on the roads. Miraculously, they still managed to arrive in time to complete their course walk! Both riders represented Sedbergh at the higher heights over a challenging course that certainly asked plenty of questions. It was a true Northern National course and will provide excellent preparation for the National Championships at Addington in the coming weeks.

Izzy produced some positive and determined riding, but unfortunately it wasn't to be her day. Coco, however, went on to WIN the 1.10m JWS, being crowned Northern Champion! Her stunning round was a real testament to her accuracy and determination, with her pony Nutty clearly enjoying every moment.

Every fence required precision, commitment and plenty of leg, as the challenging course had already caused numerous eliminations throughout the day.

A huge well done to Coco and Izzy, and to their fantastic support crew who helped make the day possible.



Girls U18A v RGS Newcastle (H) Lost 4-2

Independent Schools Hockey Cup | Sedbergh School vs RGS Newcastle

On Saturday, the 1st XI travelled to face RGS Newcastle in the opening round of the Independent Schools Hockey Cup. With a long-standing history of fiercely contested encounters between the two schools, the stage was set for another high-quality and closely fought match, and the game certainly lived up to expectations.

Sedbergh settled quickly and made an encouraging start, moving the ball with pace and purpose while using the full width of the pitch to stretch the opposition. The girls showed real intent in possession, looking to penetrate the RGS defence at every opportunity. Their positive approach was rewarded when a high turnover deep inside the RGS 23 led to Evans calmly rounding the goalkeeper and finishing confidently to give Sedbergh an early lead.

Unfortunately, the advantage was short-lived, with RGS drawing level just minutes later. A brief lapse in defensive organisation allowed their England international midfielder a small pocket of space inside the circle, and she finished clinically to restore parity.

The remainder of the first half was played at an exceptionally high standard, with both sides creating opportunities and competing fiercely across the pitch. The midfield battle was particularly impressive, with Cosgrave, Neesham, Vincent and Keune providing an outstanding platform for Sedbergh's attacking play through their work rate, composure and defensive contributions. Despite much of the play being evenly shared, RGS edged ahead before the break when their influential midfielder once again found space at the top of the circle and finished accurately into the bottom corner.

Sedbergh responded superbly after half-time. Determined and composed, they immediately put RGS under pressure and were rewarded when Jones finished off an excellent attacking move to level the scores once more. What followed was a captivating spell of hockey, with both teams continuing to attack despite the physical demands of the contest. Chances came at both ends, and it felt as though a single moment could decide the outcome.

Frustratingly for Sedbergh, that decisive moment fell RGS's way. Their standout midfielder completed her hat-trick before adding a fourth goal later in the game to give the visitors a crucial advantage. To the credit of the Sedbergh players, heads never dropped. Chasing the game in the closing stages, they courageously committed to playing with eleven outfield players for the final six minutes. The tactical gamble created sustained pressure, with Sedbergh winning possession high up the pitch and forcing several entries into the attacking circle. However, they were unable to find a way past a resilient and well-organised RGS defence.

While the result ultimately did not fall Sedbergh's way, there were numerous positives to take from an excellent performance against strong opposition. The team's structure, defensive discipline and understanding of individual responsibilities represented a significant step forward from earlier performances. Equally pleasing was the quality of communication, resilience and positive mindset shown throughout the match.

Although disappointed to exit the competition, the girls can take great confidence from a display that demonstrated just how much progress has been made during the pre-season period. The foundations are firmly in place, and if this performance is anything to go by, there is plenty to look forward to as the season develops.

Girls U18B v RGS Newcastle (H) Won 4-2

A brilliant team performance saw the girls come away with a 4-2 win against RGS Newcastle. Bella Stodard and Izzy Holland both scored twice, with the team working hard in both attack and defence. 2-2 at half time was a fair result, the girls kept their composure throughout the second half and finished the match strongly with two unanswered goals, a great result to start the year.

Girls U15A v RGS Newcastle (A) Lost 2-8

The U15A girls hockey team travelled to RGS Newcastle on Saturday 12th September for their first match of the season. It was a tough start for them with the first half resulting in a 5-0 loss, however spirits were still high pushing into the second half. Two excellent goals were scored by S Whitehead with the help from the supporting forwards, with the second half being much stronger than the first. Despite resulting in a 8-2 loss, all of the girls battled hard in a difficult first match, but should all be proud of their efforts and teamwork. Much to improve on throughout the season.

Girls U15B v RGS Newcastle (A) Won 3-0

On Saturday the 12th of September the U15B team travelled to Newcastle to take on RGS Newcastle's U15B team. Sedbergh started the match with lots of great attacking play and many shots at goal. Around 10 minutes into the first half the ball fell to T MacDonald on the edge of D, T MacDonald's stunning hit of the ball landed in the back of the goal and it was 1-0 to Sedbergh. The game was going Sedbergh's way and 5 minutes after the first goal, the ball was slipped into the goal again, this time by A Haywood making the score 2-0 at the end of the first half. The second half started much the same, with amazing distribution from I Gladstone at centre midfield to the wingers, creating many chances. Deep into the second half E Whalley was able to cross the ball across to E Lorimer, who slipped it into the goal to make it 3-0 to Sedbergh. This was an excellent win for Sedbergh's U15B team with lots of positives to take away from this match and we look forward to them playing again soon!

Girls U14A v RGS Newcastle (A) Lost 7-0

A tough first game for the U15A against a strong RGS Newcastle side. Sedbergh did well to move the ball around and showed plenty of positive moments. However, RGS Newcastle's strong attack and defence proved too much for us. There were lots of good things to take from the game, but also plenty to learn from as we look to improve in our next match.

Girls U14B v RGS Newcastle (A) Lost 2-0

A great effort from our U14 B team against RGS Newcastle, with the girls showing plenty of determination, teamwork and commitment throughout the game, despite coming up against a strong opposition

Olivia S had an excellent game in goal, making some impressive saves to keep the game in contention and giving the team confidence at the back. The defensive unit also worked hard to put pressure on RGS Newcastle and limit their opportunities, while the team continued to look for chances to move the ball forward and create attacking opportunities of their own. Despite their efforts RGS Newcastle finished the game 2-0. Nevertheless, there was plenty to take away from the game, especially their teamwork and resilience.

A great effort from the team, with special recognition for Olivia S and Anna F receiving player of the match, for some excellent performances.



Running

Hoad Hill 5K Road Race – Wednesday 9th September 2026

British & Irish Junior International Mountain Running Championships – Saturday 12th September 2026

Sedbergh running began the new school year in impressive fashion, with success ranging from the roads of Ulverston to the mountains of Northern Ireland.

The standout performance came on Saturday 12th September from Lucia C (11R), who once again pulled on the Scotland vest at the British & Irish Junior International Mountain Running Championships in Donard Forest, Newcastle, County Down. Competing in the U18 Women's race against some of the best young mountain runners from across Britain and Ireland, Lucia produced a superb performance to claim the individual bronze medal.

This was Lucia's second consecutive appearance for Scotland at these championships, having made her international debut last year. Twelve months on, she returned a stronger and more experienced athlete and demonstrated that progress with a place on the podium. Her performance also helped Scotland win the U18 Women's team competition and contributed to Scotland claiming the overall British & Irish team title. Lucia's achievements are all the more remarkable given that she is still only 15 years old, competing in the U18 age category. It was a tremendous performance and an outstanding way to begin the new season.

Three days earlier, on Wednesday 9th September, a combined team of twenty runners from Sedbergh School and Sedbergh Prep had travelled to Ulverston for the Hoad Hill Harriers 5K Road Race. On a mild September evening, staff and pupils lined up together at 18:45 in a large field of more than 400 runners before setting off around the flat and fast course on the back roads of Ulverston.

At the sharp end, Hugo B (13SH) and George M (12H) demonstrated the quality in the current Sedbergh squad. Hugo produced a scintillating 15:48 to finish third overall, with George just five seconds behind in 15:53 to take fourth. Two Sedbergh pupils inside 16 minutes for 5K was an excellent start to their seasons.

There was more success in the women's race. Juliet P-L (13L) ran strongly throughout to finish in 18:23 and take first place, earning £50 in prize vouchers for her evening's work. Perhaps equally encouraging was the strength of the younger runners. Will G (8W) was the third Sedbergh pupil home in an excellent 18:10, while Maia D (8L) also produced an impressive run alongside her Senior School counterparts. Gabriella F (9C) and Archie R (9W) made excellent debuts for the Senior School team, while new Prep School pupil Ida D (7R) completed her first ever 5K, accompanied by Deputy Head Nick Goligher.

That breadth neatly captured what the evening was about. At the front of the field, established Sedbergh runners were competing for victories and podium places; further back, younger and newer members of the club were taking their first steps into competitive road racing. All were wearing the same colours and sharing the same start line.

With Lucia adding an international bronze medal and two Scottish team titles just three days later, it has been quite a start to the new term. From a first 5K to an international podium, the opening week provided a fitting illustration of the breadth and ambition of running at Sedbergh.

Golf

Mixed U18A v Rossall School (A) Lost 3-0

3-0. The scoreline looks fairly brutal but what a great game!!

The Sedbergh team produced an excellent performance against a seriously strong Rossall side, who arrived with three players off plus handicaps. This was always going to be a rather sizeable hill to climb but, as ever, Sedbergh were more than ready for the challenge.

Captain Hamish set the tone from the very first tee, firing his opening shot to within one yard of the pin before calmly rolling in the birdie. Game on!! Then Ramsey and Lachlan both won their opening two holes, and suddenly Sedbergh found themselves 3-0 up after just five holes. Could this be one of those famous Sedbergh sporting stories that gets talked about for years? Sadly not.

Gradually, Rossall's exceptional class began to tell. Their ball striking was quite extraordinary, they were hitting Exocets. Their accuracy and precision were phenomenal and, despite some superb resistance from Sedbergh, Rossall gradually clawed their way back into the matches.

But credit where it is due; Sedbergh fought hard. There was no capitulation and no throwing in the towel. Every match was fiercely contested, and the boys pushed three outstanding Rossall players. Rossall were ultimately deserved winners. The good news is that Sedbergh now move into the handicap competition, where they should fare extremely well.

A tough result, but plenty to be proud of and definitely one to build on. simplify this and make it really short and write me highlights in a parahgraph for assembly annoucement.



Equestrian

National Schools Qualifier at South View, Cheshire

What a fantastic weekend for our Senior and Prep School equestrian team at the National Schools Qualifier at South View, Cheshire!

Six riders and nine horses travelled down to South View for both Saturday and Sunday, with the horses staying overnight. It was a huge team effort, with everyone supporting and encouraging one another throughout the weekend, led by our Co-Captain, Olivia and Vice Captain, Ava.

The team achieved a fantastic number of highly sought-after National Team and Individual qualifications, competing across heights from 70cm through to 1m10 in both Show Jumping and Jumping with Style. The team gained qualifications in the 80cm and 90cm Jumping with Style and the 80cm and 1m Show Jumping.

We also took the top individual places in every Show Jumping class from 70cm through to 1m, all of which were very fast and competitive! William took the 70cm, Eva won the 80cm, and Frankie claimed both the 90cm and 1m classes. These are exceptional results and a real testament to the talent, preparation and hard work of our riders and their horses.

We also enjoyed further success in the Saturday Jumping with Style classes, with Ava winning the 90cm and Ella taking the 1m10. William and Ella also gained individual National qualifications, with some stunning rounds and riding.

Away from the competition, the team enjoyed a lovely dinner together at a local pub on Saturday evening. It was a great opportunity to relax after a busy day and get to know some of the new faces on the team.

There was such a wonderful atmosphere from start to finish, and we are incredibly proud of the commitment, teamwork and sportsmanship shown by everyone involved. A huge well done to all our riders, horses, parents and supporters. There are always plenty of jobs to be done at an overnight show, and everyone got stuck in to help. It truly was a fantastic team effort, and we are now very much looking forward to the National Schools Championships in October.





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