



Sedbergh
SCHOOL

SPORTS REPORT

15 September - 21 September 2025

SPORTS RESULTS

Equestrian

British Eventing U18 Youth Championships

Huge congratulations to Coco O, who was crowned U18 National Champion at the British Eventing Youth Championships!

An incredible individual achievement, Coco also played a key role in helping her Scottish Team secure a fantastic 3rd place finish.

Sedbergh Equestrian – National Schools Qualifier at South View, Cheshire (A)

Twelve riders and thirteen horses travelled to South View Equestrian Centre in Cheshire for a fantastic weekend of National Schools qualifiers. With many new faces and new horses joining the squad, our aim was simply to go out, enjoy ourselves, and do our best. From Year 4 to Year 13, every rider shone – competing across classes from 70cm to 110cm.

Riders supported one another, celebrated successes, and encouraged those who were taking on new challenges.

Across two action-packed days of jumping with style and show jumping, Sedbergh brought home six team qualifications and a host of impressive individual placings, securing spots in numerous national classes.

Northallerton National Schools Dressage and Combined Training Qualifier (A)

Eleven Sedbergh horses and riders braved the rain at Northallerton and enjoyed a fantastic day of success. The Dressage Team, featuring many new combinations, produced some lovely tests to secure an excellent 2nd Team place finish and Zara an individual qualification in the Novice Test.

Sedbergh then competed in the Combined Training, which—despite the name—involves competing in both dressage and show jumping, with riders competing from 80cm up to 1m. Our riders performed their dressage tests indoors before heading outside to deliver some superb show jumping rounds.

The Novice Combined Training Team claimed 1st place, as did our Open Combined Training Team. There were also brilliant individual results:

Izzy S – 1st (80cm)

Coco O – 2nd (1m)

Elsie B – 2nd (1m)

Lily – 4th (90cm)

We could not be prouder of every single rider. They supported one another throughout the day and were an absolute pleasure to be with—despite the weather!



Netball

Girls U18A v Upton-by-Chester High School (H) Won 42-39

The first match of the season saw the 1st Team play Upton at home in round 1 of the Sister's N Sport competition. From the very first whistle we knew this game was going to be well contested, which is certainly was.

Both teams came out strong wanting to get the early lead and it was Sedbergh who were able to open a lead after Q1. The second quarter however Upton came back strong and levelled up the match at half time. Entering the second half, the girls knew they had to come out fighting and it was going to take a full team effort to get the win. As the game went on the new formed defensive and attacking units started to click and the girls were able to force some turnovers and convert them into goals.

A slight lead going into the final quarter it was down to the Sedbergh girls to hold strong and maintain their composure for the final 12 minutes. With some great leadership and words of encouragement from captain Annie, the girls continued to contest ball and apply the pressure, enabling them to take the win 42-39. A great game to kick the season off for the girls and into Round 2 they go.

Well done to POM Sonia

Girls U15A v Scarisbrick Hall School (A) Lost 49-11

On Tuesday, the U15A netball squad played against Scarisbrick in the first round of the Sisters n Sport Cup. The team were unlucky to come up against such a strong competitor so early on in the cup and this resulted in a 49-11 loss, however this is not a reflection of this team's ability! They showed amazing determination and effort from start to finish and were able to maintain a positive attitude throughout the match. Despite Scarisbrick taking the lead early on, these girls did not give up- they fought for every ball and managed to get lots of turnover but they just couldn't quite get it to goal. The defence worked hard to slow down the opposition, while the mid court players kept supporting the through court and our shooters worked hard to get the ball in the circle and made the most of the opportunities they had.

Opposition's player went to Caitlin who did an incredible job in the midcourt by providing good feeds into the circle and consistently creating options for her team. Coach's player went to Lottie as she was continuously applying pressure in defence and remaining calm when she got turnover after turnover. Overall, an incredible effort from this squad considering it was their first match of the year and I believe this squad has so much potential.

Girls U18A v Bradford Grammar School (H) Won 20-19

On Wednesday we had our first senior block of fixtures at home against Bradford Grammar. After their win on Monday in the cup, the girls were looking to build on this but also trying new combinations on court starting to build both attacking and defensive units.

The game started evenly matched, but it was Bradford who took the early lead after Q1, with Sedbergh making some early errors resulting in goals against them. A reset at quarter time and the girls came out strong, with some early turnovers allowing them to go into the lead. The girls continued to maintain the lead throughout, with the match highlighting the team spirit and unison they have managed to build in a short space of time, proving vital in the win. An eventful match but the girls came away with a win and moving forward looking to reduce the number of unforced errors that crept into the game.

Girls U18B v Bradford Grammar School (H) Won 19-7

On Wednesday 17th September the Senior 2nds took on their second match of the season in our annual early season friendly against Bradford Grammar. It was particularly pleasing to see the group building on last week's foundations; the squad were enthusiastic, energetic, and unified throughout, with noticeable improvements in pacing on court, communication, and overall teamwork.

A composed opening saw Sedbergh establish a 5-1 lead at the first break, built on clear communication, strong possession, and full-court defensive pressure. The defensive unit set the tone with six interceptions, three of which were converted into goals thanks to quick transition play involving Darcie and Eleanor, while shooters Sophie and Martha returned an excellent conversion rate of 75%. Bradford rallied in the second quarter, matching our intensity and accuracy to narrow the margin, but calm phases of play and Fran's control in centre court ensured we went into half-time 9-5 ahead.

After a brief half-time reset, the team re-entered with 110% effort and greater fluency. Connections strengthened across the court in the third: passing became quicker, placement more accurate, and timing sharper. Poppy's outstanding reactions produced an early tip and intercept, width was used intelligently, and purposeful drives created clean entries to the circle, extending the lead to 15-6.

Confidence grew in the final quarter. Our set plays looked assured, the pressure was more impactful, and further interceptions from Juliet, Fran, and Eleanor helped us control territory and tempo. In the circle, Martha and Alice maintained around a 70% conversion rate to close out a composed 19-7 victory—an outcome that fairly reflects the collective effort and work-rate.

Recognitions

- Players' Player & Opposition Player of the Match: Daisy for her relentless energy and impact throughout the court.
- Coach's Player: Juliet for her defensive leadership and crucial interceptions at key moments.

My thanks to the entire squad for their positivity, resilience, and excellent team spirit; you were a pleasure to coach. We are moving from strength to strength, and the season ahead looks very promising. Out Thanks goes to Bradford Grammar for a competitive fixture, to the officials, and to our parents and pupils for superb support on the side-lines.

Girls U18C v Bradford Grammar School (H) Won 16-6

A superb first game for the newly created 3rd Team. It was only a brief match, but what was seen was incredibly promising. Exceptionally confident shooting from the Player of the Match, Anya C, ably supported by Akeelah and Isobel B, on her first outing in the Sedbergh kit. Imo K and Stella M's defense meant that Bradford rarely threatened. Cracking interceptions from Harriet D in the circle and brilliant centre court play from Olivia P, Myla C and Emily H, has set us up for a very positive season.

PoM Anya C

CPOM Stella M

Girls U16A v Bradford Grammar School (H) Won 22-1

In a competitive and fast-paced clash against BGS 3rd team, Sedbergh showcased outstanding teamwork and seamless connections across the court. Edie and Bea linked the ball from the defense to the attack effortlessly after countless interceptions from our defenders.

The sharp play and tenacity of the girls gained them a 22-1 victory against girls potentially 3 years older. This scoreline was achieved by the accuracy of Sedbergh's shooters. However, special mention must go to Ruby for achieving player of the match for a truly impressive game. Well done girls!

POM Ruby K

Girls U14A v Prince Henry's Grammar School (A) Lost 38-22

The U14 A team kicked off their season with the first round of the SIS Cup where they travelled away to Prince Henry's. With a very new team the girls were excited to take to court and get their season started.

Despite an early lead from the girls in quarter 1, Prince Henry's showed they were not going to give up the win and came back strong in the second half apply a lot of pressure and forcing some key turnovers they converted into goals. Prince Henry's kicked on and opened up a lead but that did not stop the Sedbergh girls from continuing to work hard and show just what they are capable of so early on in the season.

Both teams displayed some great netball and despite a loss, the girls maintained a great team spirit and lots of positivity, showing just how much potential, they have for the season ahead.

Well done to POM Sasha.



Girls U18A v Upton-by-Chester High School





Rugby

Boys U15A v Prince Henry's Grammar School (H) Won 39-0

T: Jelani I (3), Leon M A, Rorke A, Ben B, Freddie S

C: Francisco P H, Freddie S

Despite extremely challenging weather conditions, this was B1's best performance of the term to date. Prince Henry's held Sedbergh out for over 20 minutes and it took two extremely powerful scores from Jelani I to break the deadlock and ensure Brown had a 10-0 lead at half time. Jelani completed his hat-trick shortly after the break and then Sedbergh scored a further four tries to finish out of sight from a determined and resilient Prince Henry's side.

Particularly pleasing was how Sedbergh adjusted to the weather conditions and were more sympathetic in their passing in the second half whilst also showing greater balance between attacking through the forwards and moving the ball to wider channels. Overall, this was a significant improvement in decision making and accuracy and showed great promise for the remainder of the season.

Boys U18B v Harrogate Grammar School U18A (A) Lost 36-33

Sedbergh 2nd XV produced a spirited performance against Harrogate Grammar School's 1st XV but ultimately fell just short in a thrilling contest, losing 33-36 after a last-minute penalty.

The game began poorly for Sedbergh, who struggled to find rhythm in the opening exchanges. Harrogate seized the opportunity, running in two quick tries to take early control of the match. Sedbergh responded with some sharp attacking play out wide to get themselves on the scoreboard, but defensive lapses continued to cost them as Harrogate extended their lead with another try, making it 21-7. Just before half-time, Sedbergh showed resilience with some hard, direct carries close to the line, finishing strongly to cut the deficit.

The second half saw a much-improved defensive effort from Sedbergh. Although Harrogate managed to cross for two further tries, Sedbergh showed determination and attacking flair, putting together well-structured phases and moving the ball with pace to score several excellent tries of their own. Their comeback effort brought the sides level late in the game, setting up a tense finish.

However, with the final play of the match, Sedbergh conceded a penalty, which Harrogate calmly slotted to edge the win 36-33.

Boys U18c v Hymers College U18A (A) Lost 47-27

On a sunny day in Hull both teams played some exciting attacking rugby, with the lead changing several times, making for a highly entertaining game. The 3rds had the majority of possession and territory but missed out on several scoring opportunities. Hymers on the other hand took their chances well and a full length interception try in the second half took them out of reach. A good effort by the 3rds who were unlucky to lose the game by such a margin.

Boys U15B v Harrogate Grammar School U15A (A) Lost 53-19

This has always been a difficult fixture and this year was no different.

Playing up the slope against a physically powerful team we struggled to get into the game allowing Harrogate to score at regular intervals, mainly from our mistakes under pressure.

Half time arrived with us trailing by 48. A reset was needed.

We began the 2nd half well pinning Harrogate into their 22 and were rewarded with a try. Unfortunately we conceded the next points, would heads go down.

No Sedbergh hit back to build pressure again and score 2 more tries of our own.

A difficult fixture but a pleasing reaction in the 2nd half which will stand us in good stead going forward.

Boys U14A v Prince Henry's Grammar School (H) Won 62-10

Sedbergh played Prince Henry on a rather wet and windy Wednesday afternoon. The first half saw a tight encounter with Prince Henry scoring early. An intercept try and conversion from Henry C put Sedbergh in the lead. The remainder of the half was nip and tuck and finished 19-10 to Sedbergh with Mason D and Adam H. The opposition had several strong runners and it took Sedbergh time to break them down both in attack and defence.

The second half saw Sedbergh put their foot on the gas and score seven unanswered tries. The team played with real intent to move the ball and despite the wet conditions they played with real style. The opposition although they did not score themselves made Sedbergh work extremely hard for the whole game and the score line felt harsh on a team we will play again later in the term. The final score of 62-10 showed that this U14 side can score from all areas of the pitch. It was another pleasing result to make it 3 wins from 3 games for the young squad.

Boys U14B v Harrogate Grammar School U14A (A) Lost 12-26

Our third game of the season saw some free-flowing rugby from the back line of C2. We had a good deal of possession early in the game but could not quite capitalise on this. The team conceded two tries before half time and in both cases missed tackles were to blame. However, the team showed good heart and after the break scored two of their own to narrow the margin to two points. It was Harrogate's first game of the season, and initial rustiness gave way to some more structured phases later in the game, and they just stretched away before the final whistle. A commendable performance, nonetheless, against an A team with a large number of players to choose from. The target in training for this week will be to improve our tackle technique, for occasions where the opposition are much physically bigger than ourselves.

Boys U18A v Clifton College (H) Won 54-35

Sedbergh hosted Clifton College at home on what was a surprisingly brilliant afternoon of sunshine, especially given the previous weeks of dreadful weather. This suited the home side and it showed in the end result.

The first half was a mix of dominance with the ball for Sedbergh, whilst lapses in judgement or concentration allowed the visitors to remain in touching distance come the break with the score being 33-20.

Sedbergh knew that the momentum of the game would be won in then first 15 minutes if the second half and they delivered, showing balance and patience in attack at key times. However, the remaining 20 minutes could be described as 'patchy' with the away side making it difficult for Sedbergh to find a rhythm in between alternating tries for each team, which had been seen in previous weeks. Despite numerous injuries Clifton College caused the boys in brown to work hard for every opportunity that was created or taken.

This was a brilliant fixture and one which will remain a staple for a long time to come we feel.

Boys U16A v Clifton College (A) Won 67-14

A1 travelled down to Bristol to play Clifton in what was an eagerly awaited fixture.

The game played on the 1st XV pitch at Clifton, which was like a carpet as the French National women's team had been using it all week ahead of their World Cup semi final.

A1 arrived in buoyant mood hoping to push on in their winning performances to date. The first half was dominated by Sedbergh, though there were plenty of sloppy errors which frustrated the A1 squad. The first half however did see 6 tries being scored by Carss (2), Cameron (2), Taylor and Rowley with co-captain Keith converting 3/6 conversions. Clifton did rally at times, feeding off A1 mistakes and poor handling giving them a score. Half time 36-7.

The second half carried on as the first half had started but with a poor kick off receipt leading to a Clifton score. A1 rallied and showed at times what they could really do with ball in hand . Five more unanswered tries from Massey (2), Moran, a third for Carss and a second for Taylor sealed an emphatic win but still with lots to improve upon.



1st XV
v
Clifton College



Boys U15A v Clifton College U15A Won 41-21

T: Preece, Simmons, Anderson (2), White, Ijeoma, Fergusson

C: Perez Haddad (3)

This was a high quality encounter between two good sides, played in excellent conditions on Powell pitch. Sedbergh led 12-7 at the break but Clifton had had to work hard to contain both the power and pace of the home side. This took its toll in the second half as Sedbergh found more space and weaker shoulders as the game progressed, scoring a further five tries after the break. A solo effort from Wilf White down the left flank was a highlight, as was the final score of the fixture as three Brown forwards offloaded between each other before releasing Rorke Anderson to score his second of the match.

This was another step up in performance for Colts B, who have made excellent progress in the past two weeks.

Boys U14A v Clifton College (H) Lost 31-19

The U14 squad travelled south in high spirits with 3 wins from 3 but knowing tougher tests were to come. The game against Clifton proved to be just that. A couple of injuries and a poor start meant Sedbergh were always playing catch up and unfortunately left themselves with too much to do. The journey down to Bristol had been smooth, as had the over night stay but the team struggled to click into gear on the opening minutes. The opposition scored a well worked try but ill-discipline from Sedbergh assisted their march to a 7-0 lead. A try from Adam H and conversion from Ben R-G brought the score back to 7-7. At this point the team looked as though they may have gotten back on an even footing but it was not to be. Even though Sedbergh scored next and took a 7-12 lead into half term it never felt like the team settled into a rhythm. Too many penalties and lack of care for the ball in contact meant the game became scrappy. The team certainly know what they need to focus on this week.

Half time 7-12

The second half saw Sedbergh lose star fly half Ben R-G to a nasty looking arm injury and we wish him all the best in his recovery. Clifton scored three further tries to make the score 28-12 with minutes to go. A try from Jody D took the score to 28-19. Sedbergh pushed hard for another score, but a penalty awarded to Clifton saw them kick the three points and make the final score 31-19. Although not the performance the squad would have wished for, there were still moments of high-quality rugby. We will visit the areas of development in this week's sessions to ensure we are ready for our next fixture against Ipswich on Thursday evening.

Hockey

Girls U18A v Austin Friars (A) Won 6-0

The girls made a short trip to Carlisle and their round 1 match against Austin Friars. With a slightly changed team and a new formation to try out Sedbergh took a while to figure out their shape and start to click. Once ticking though there was little Austin Friars could do.

Moving the ball at speed and with skill Sedbergh were three up by half time a score they doubled in the second half. In truth in May we'll have been twice that without the home sides goalkeeper who was quite outstanding in the face of a continued barrage of Sedbergh attacks.

On to Bradford Grammar in round 2.

Girls U15A v Dame Allan's School (H) Won 7-3

The U15A Girls were eager to redeem themselves after last week's game. In the first half, Sedbergh looked a little rusty as their structure was not quite on point, leading to some small mistakes. Despite this, it was a tight half, ending 2-2 with P. Turnbull scoring both goals. In the second half, Sedbergh came out strong and focused on playing simple, structured hockey while creating space. This approach paid off, with Sedbergh scoring five more goals by M. Rowley (x2), L. Hewlett, P. Turnbull, and P. Whitfield to seal an impressive performance.

Girls U14A v Dame Allan's School (H) Lost 5-2

The U14A's looked to build on their performance from last weekend. Dame Allan's started strong with a few good players running the midfield. They scored first but the Sedbergh girls settled into the game and equalised soon after. As the half-ended Dame Allan's managed to lead 2-1. The second half started, and Dame Allan's scored a couple quick goals whilst Sedbergh tried to resettle. Our girls fought back and managed to score again, whilst creating more chances. A good game but still loads to work on.

Sedbergh HC v KSHC 3 (H) Won 11-0

In very wet conditions, the team put in a fantastic performance and came away with a well-deserved win against Kirkby Stephen. Despite the weather, the players showed great composure and worked brilliantly together, creating strong combinations all over the pitch. The addition of some Year 10 players gave the squad an extra boost, adding fresh energy and pace to the game. Everyone contributed to a solid team effort, and the result reflected the determination and teamwork on display.

Football

Boys U16A v The Lakes School (A) Lost 5-0

An experimental team travelled to The Lakes School for the Cumbria Schools Cup 1st Round. Unfortunately, our opponents were too strong and experienced for us on the day and we exited the competition with a heavy defeat. MoM - Biff Harper GK, some outstanding saves that kept the score down.

Sailing

Mixed U18A NEYSSA Team Racing Championship (A)

The sailing team had their first Team Racing event of the year taking part in the NEYSSA Northern Team Racing Championships at Ripon along side 22 other teams from across the North. We were delighted to have support from OS Sam Gunning who was there for the day with York University. Day 1 was very long and challenging with the continuous rain making racing difficult and the new crew and helm partnerships taking time to develop, but morale was high and the team was in a positive mood at 5pm when racing finally finished. The sunshine on day 2 was much needed and both teams continued to battle their way through their races, Team A winning 3 and Team B winning 5 against some incredibly competitive teams. The teams had a great weekend working together and developing their team racing and are looking forward to the next event in two weeks.

Shooting

Mixed U18A Yorkshire Rifle Association (A) Won

We closed out the Fullbore season on a high with a strong performance at the Autumn Yorkshire Open in Huddersfield. Gwen G, Tobias H and Otis R all achieved personal bests despite tough cold and rainy conditions. George S also held his own while Holly M was awarded the prize for the top cadet in the aggregate of the spring and autumn competitions.

Running

Northern Athletics Road Relays

A 26-strong Sedbergh squad braved relentless rain and a brutal course at the prestigious Northern Athletics 6- and 4-Stage Road Relays, testing themselves against the best club runners in the North of England. The target was experience and speed ahead of October's English Schools Fell Championships on home soil—and the team left Leigh battle-hardened. The day began with drizzle for the early U13 races but steadily worsened into a cold, wind-lashed downpour by the senior men's finale. Expecting a smooth tarmac loop, athletes arrived in road shoes only to discover a 3.2 km lap of stony tracks pocked with puddles and potholes. Trail shoes would have been ideal, but every runner faced the same sodden challenge. Sedbergh pupils huddled for warmth in the stadium's open track area between races and showed trademark resilience despite the miserable conditions.

Team Performances

U15 Boys (40th) – Arthur H (10E) opened with a strong 11:13 on the slippery circuit.

U15 Girls (19th) – A standout run from Lucia C (10R) clocked 10:30, the third fastest U15 girls' time of the day, lifting Sedbergh to second at the changeover. Grace G (10L) and Minnie R (10C) maintained a battling position in a deep field.

U17 Men (32nd) – George M (11H) produced the fastest Sedbergh leg of the day in 9:31, handing over in 17th before teammates Henry P (12Sc) and Harry S (11S) dug in against powerful opposition. The absence of injured Hugo B (12Sc) was keenly felt as the squad slipped down the order.

U17 Women (14th) – The highest team finish came from the U17 girls. Juliet P-L (12L) led the way in 11:18, ably supported by Daisy F (12L) and Julia F (11L) for an excellent collective effort.

Senior Men (79th) – Ben Harrison impressed on debut over the two-lap 6.2 km course, registering a top-20 time of the day before the team drifted to 79th in a field of 115.

This trip was always about development. “It wasn't pretty—cold, wet, and not much fun at times—but everyone gained valuable racing experience,” said coach Richard Wells. “We're used to running in the rain, and this will sharpen us for the Fell Championships.”

Sedbergh now turn their attention to the English Schools Fell Running Championships on Sunday 5 October, where home advantage and hill strength will be key ingredients for success.





EST. 1525

Sedbergh

SCHOOL

Admissions@sedberghschool.org
015396 20535

WWW.SEDBERGHSCHOOL.ORG

