



Sedbergh
SCHOOL

SPORTS REPORT

22 September - 28 September 2025

SPORTS RESULTS

Rugby

Boys U18B v Lindisfarne College U18A (H)

The Sedbergh 2nd XV faced an uphill battle against a powerful Lindisfarne touring side from New Zealand, eventually going down 10-54.

From the outset, it was clear that Lindisfarne's physicality and clinical finishing would test every part of Sedbergh's game. Despite the tough challenge, Sedbergh showed real intent and drive, putting together some promising passages of play and asking questions of the visitors' defence.

However, consistency proved difficult to maintain against such a strong opponent. While Sedbergh battled hard and produced moments of quality, Lindisfarne were ruthless in taking their opportunities, combining power with precision to rack up points.

Although it wasn't Sedbergh's best performance, the match provided valuable lessons. The team will take plenty of learning points from this encounter and look to build on them going forward.

Boys U18C v Lindisfarne College U18B (H) Lost 26-29

The 3rds produced their best performance of the season against a well drilled powerful NZ Lindisfarne team who started the game with their traditional Haka. Both teams traded tries early on with the 3rds backs looking sharp in attack with Firth and Soutter causing the visitors lots of problems. After the break the 3rds lost a bit of concentration and conceded a poor try which in the end proved costly. Martin at no8 and Cooper at prop though were outstanding throughout the game and 3rds can be proud of a fantastic team performance.

Boys U18D v Kirkbie Kendal U18A (H) Won 34-24

With the 4th XV patching together a pack following several upwards promotions to the 3rd XV we struggled to dominate the breakdown and maintain possession, Kirkbie also had a particularly good No8, who ran some powerful lines that challenged our tackling ability. Our backs were however the better of the two sides, but we fell into the trap of trying the 'long miss pass' too often and became predictable in attack. Tit for tat scoring was the early theme of the game up to the beginning of the second half where the score stood at 12/10 in our favour. However, at this point Kirkbie ran in two quick converted tries and we suddenly found ourselves 12 points down with only 10 minutes left on the clock.

A weakness evolved on Kirkbie's right wing as substituted players found themselves in adjoining positions and other players legs started to tire, we were finally able to exploit the strengths of our backs and scored 4 times out wide before the final whistle, a remarkable turnaround to 34-24.

The important take away from the game for our boys was 'never give up', they now know that against big sides they can come back and win, and this may be important going into games against Blackrock, Wellington and Millfield!

Boys U18A v Ipswich School (A) Won 59-12

The fourth game of the season saw Sedbergh face Ipswich under the lights at Broadstreet, with both sides eager to make their mark in what proved an entertaining contest.

The opening exchanges were evenly matched, as Ipswich rose to the occasion and went toe-to-toe physically. Sedbergh took time to settle into their rhythm, and at half-time held a 28-12 advantage without ever fully imposing themselves.

After the break, however, the backline found another gear, displaying real class in both attacking shape and intent. The ability to stretch the game and execute with precision created a decisive period in which Sedbergh pulled away. Particularly pleasing was the composure shown during three lengthy stoppages for head injuries, where the group managed to maintain focus and momentum despite the disruption.

By the final whistle, Sedbergh's quality had told, closing out a 59-12 victory that reflected both resilience and attacking ambition. More importantly, the performance underlined the value of patience and control when games take time to open up.

A sterner test now awaits, with attention turning to next week's clash against Kirkham - a dangerous side looking to respond strongly after a narrow defeat to Clifton.

Boys U16A v Ipswich School (A) Won 24-22

A1 travelled down to Broadstreet along with C1, B1 and the 1st XV to take on Ipswich School. In a much-awaited game where Sedbergh were willing to turn around a 10 point loss last season, it was the strong Ipswich team that started the brightest. However, some resolute defending and brave tackling stopped the powerful Ipswich forwards in getting over the whitewash.

The game changed midway through the first half and the Sedbergh A1 side started to regain possession and play some nice flowing rugby. It was not long before impressive Centre Carrs went over out wide for the first try. Sedbergh then had two more opportunities to lengthen their lead but failed to come away with any points after some good lead up play in the opposition 22.

Ipswich took confidence from their rugged defence, and it was them that levelled the score after some strong carrying in midfield. Sedbergh bounced back and a nice move off a lineout saw Number 8 Cameron scythe the Ipswich defence and score under the posts. Converted by Keith.

The second half was a tight affair and with impressive number 8 Cameron and centre Carrs picking up minor injuries, it was the Ipswich side that scored next. A powerful carry in the tight by the No.8 scoring near to the posts. The try converted to make it 12-12.

Sedbergh rallied well and good ball retention and hard running lines witnessed Loosehead Hewson, who was ever present in the loose, break through and offload to Rowley to score. Keith followed with a successful conversion.

Ipswich did not give up and again the strong number 8 for Ipswich caused problems and he crashed over for another try, with the conversion missed. Sedbergh once again responded, and Hewson was rewarded with a good team try out wide after some excellent build up play. Back came Ipswich with more and frustratingly scored out wide to bring the score within two points. The conversion was missed by Ipswich with the score at 24-22.

With 5 minutes to go Sedbergh rallied and did brilliantly to maintain possession and wear the Ipswich side down. In the opposition 22, Sedbergh were awarded a penalty and rightly chose to tap and kick the ball out to end the game and win a tight contest.

Boys U14A v Ipswich School (A) Won 31-12

The U14A team made the trip to Broadstreet to play Ipswich after Sundays defeat away from home against Ipswich. The team had a clear focus all week on their attacking shape and rucking as well as being defensively sound.

The first few minutes showed clear intent from the squad who had to shuffle players into new and unfamiliar position due to injuries earlier in the week. The attacking rugby the team had shown in the first few weeks was evident and a tries from Adam H, Monty F, Kayden M and Haruto K gave the side a solid 31-0 half time score.

The second half saw Ipswich score two early tries but it never felt like the young Sedbergh side would let their led slip. A further tries from Adam H and Charles B took the final score to 36-12. Impressive performance from Senna C-D VL at scrum half and Alfie B were noted by both players and coaches alike. The win on Thursday leaves the squad 4 wins from 5 games. This week the squad have a full week's training before a three-game block of fixtures against St Peter's York, Newcastle RGS (Cup) and Blackrock College. The boys will need to remain focused and ready for the challenges ahead.

Boys U18B v Newcastle School for Boys U18A (A) Won 61-24

We started strongly, getting on top early through excellent defensive pressure that forced turnovers. Some smart interlink play between forwards and backs saw us strike first and get on the scoreboard.

However, some poor discipline allowed Newcastle School for Boys back into the contest, and a well-executed trick play from a lineout brought them level. The first half then became a back-and-forth battle, but as the game developed, we really turned it on—combining well-structured patterns with moments of individual brilliance, playing some outstanding running rugby to take control.

The second half followed a similar pattern. NSB had plenty of ball and asked questions, but every time we had possession we looked dangerous and struck clinically. Our attack was matched by our defensive steel, with NSB only managing one try in the half after multiple phases of pressure. Our resilience and toughness in defence made it near impossible for them to mount a comeback.

By full time, we had sealed a commanding 61-24 victory, built on sharp attacking play, strong defence, and a relentless team performance

Boys U16B v Newcastle School for Boys U16A (A) Won 48-12

Sedbergh's U16B team travelled to Blaydon Rugby Club to face Newcastle School for Boys side in what proved to be an exciting and physical contest.

The visitors started brightly, playing with intent and moving the ball fluently into space. Sedbergh's attack asked plenty of questions of the opposition defence, but they were also tested in return, as Newcastle posed a physical challenge with some powerful ball carriers. However, Sedbergh's defence stood firm, rising well to the occasion.

First-half tries from Levin D and Charlie B gave Sedbergh a deserved 15-7 lead at the break.

After the restart, Sedbergh produced some excellent attacking rugby and added further tries through Freddie B, Jack M, Daniel C and Tobias H, extending their lead and eventually securing an impressive 48-12 victory.

It was a superb team performance across the board, but Man of the Match was awarded to Charlie B for his game management, creative spark and defensive contribution. A special mention also goes to Jack M, for his relentless work rate in both attack and defence.

A great day of rugby and a result the team can be proud of.

Boys U14B v Newcastle School for Boys U14A (A) 50-0)

The Colts C2 side produced a hugely impressive performance on Friday, overcoming Newcastle School for Boys with a commanding 50–0 victory.

From the first whistle, Sedbergh established dominance through their physicality and work rate, applying relentless pressure in both attack and defence. Their appetite to get the ball back was outstanding, with turnovers and strong collisions providing a constant platform for attack.

In possession, the group displayed some outstanding handling ability, stretching the opposition with pace and precision.

What was most pleasing was the balance between ambition and control.

Despite the scoreboard pressure, the boys stuck to their structure and showed a collective maturity.

The coming weeks will provide a valuable measure of how this group responds when faced with tougher opposition later in the season.

Hockey

Girls U14A v RGS Newcastle (A) Drew 2-2 Then Lost 2-1 on shuffles

The U14's headed to RGS for their first National Cup game. Starting super well we managed to score early before RGS gained control. Still up at half time the girls needed to change the momentum. No luck as RGS managed to score 2 in quick succession. RGS lead 2-1 until Sasha scored her 2nd of the game with 5 minutes to go. Taking us to shootouts where Millie B managed to save 3. A tough game for the girls, not where they needed to be but the tournament will continue in the Plate section.

Girls U16A v Repton School (H) Lost 6-0

The U16 girls put on a fantastic performance in their cup game against a very strong Repton side. From the first whistle, the team showed determination, work rate, and real composure, matching their opponents stride for stride.

Heidi was outstanding in goal, making a series of excellent saves that kept the team firmly in the contest. The defence worked tirelessly throughout the match, showing great organisation and resilience to deal with sustained pressure.

Although Repton's quality was clear, our girls never backed down and continued to push right until the final whistle. It was an excellent team effort, full of character and spirit, and one the girls should be very proud of.

Sedbergh HC v Carlisle 3 (H) Won 9-0

Sedbergh Hockey Club enjoyed an excellent outing against Carlisle, with the match providing a fantastic opportunity for some of our younger players to step up and represent the club. Supported by several members of staff who joined the squad, the team gelled quickly despite not having played together before.

From the start, Sedbergh took control of the game, showing confidence, energy, and plenty of attacking intent. The players worked hard for each other, moved the ball well, and created constant pressure on the opposition. This dominance was rewarded with an excellent result, reflecting both the talent of our younger players and the strength of the team as a whole.



4th XV

v

Kirkbie Kendal





Netball

Girls U15A v Woodhouse Grove (A) Lost 48-10

The U15A netball squad came up against Woodhouse Grove on Monday where they unfortunately lost 48-10.

While the first few minutes were fairly matched, Woodhouse Grove quickly gained momentum and gained a 7 goal lead in the first quarter. There were some incredible individual performances with our defence working hard to disrupt a clinical attacking unit and our attack fluently getting the ball through court. The halftime score was 6-22 which could've been equalled, however the opposition were relentless meaning unforced errors and missed opportunities consistently led them to a goal.

Coach's player went to Annabel who played WD, C and WA- she maintained a positive attitude despite the goal difference and her composure on court made a big difference when getting the ball down the court.

Girls U15C v Settlebeck School (A) Won 11-8

The U15C team played with great determination against Settlebeck. Despite starting the game with some difficulties in passing accuracy, their confidence grew as the match progressed, and their passing became sharper and more consistent. The players also worked hard to find space and made quick transitions down the court. The team showed clear improvement throughout the game. It was a performance full of effort and teamwork.

Player of the Match: Isabelle S

Girls U14B v Settlebeck School (A) Won 18-2

The U14B netballers had their first match of the year against Settlebeck U15C. Playing girls a year older than them the girls had to apply strategy and tactics to their game. They did this effortlessly, going 11 goals up in the first quarter. Infact, the opposition only conceded 2 goals the whole game. The defensive unit turned over countless balls and the midcourt were able to transition the ball through to the shooting end effortlessly. The shooters were very accurate scoring a large sum of 18 goals. It was a brilliant first game for Sedbergh where teamwork and fluent passages of play were apparent throughout the game. Tilly Macdonald shot very well and her ability to play the ball around the circle was very impressive. This earned her a well-deserved POM.

Well done all!

Girls U14C v Settlebeck School (A) Won 13-3

The U14C team took to the court for their very first match, just four weeks after coming together as a team – with a 13-3 win the team has shown a promising start to the season!

From the first whistle, the team's energy and enthusiasm were clear to see. They approached the game with a positive mindset and an impressive level of focus, showing real determination and a strong work ethic. The team have gelled quickly on court, moving the ball swiftly and confidently from defence to attack. Their quick through-court transitions were a standout feature of the match, often catching their opponents off guard and creating excellent scoring opportunities.

I was impressed by all players support of one another their encouragement and kindness, created a positive and inclusive atmosphere both on and off the court. Their teamwork and sportsmanship stood out as much as their skill, making it a proud moment for coaches and supporters alike.

Girls U16A v South Lakes Tournament (H) Won 1st Place

The U16 girls competed in the South Lakes tournament hosted at Sedbergh. They got off to a flying start beating Dallam 19-0. A brilliant start which saw all the girls get on court and contribute to such a landslide victory. The confidence gained from this game fed into their second fixture against Cartmel. Sedbergh yet again did not concede a goal in this match, winning 17-0. The shooting accuracy of Ruby, Mariella, Edie and Harriet was simply superb. Their third fixture against QKS deemed to be more challenging. However, the defensive end turned over countless ball in this game. Interceptions and flies from Vicky, Lola, Sophie and Poppy were excellent and really helped Sedbergh to turn the game around. They won their third fixture 11-3.

Sedbergh then reached the semi-final where they faced KKS. After a slow first half, the girls managed to get their heads together and figure out a through court passage of play that safely transitioned the ball from the defensive end to the shooting circle. The midcourters Betsy and Bea did a stellar job of linking the two together, passing some accurate feeds into the circle from all ranges and also helping turn over numerous balls in their defensive end. The girls won 18-4.

Finally, Sedbergh reached the final where they met QES. They finished their tournament in style with a 19-4 win. Scoring 84 goals and only conceding 11. Every single girl contributed to Sedbergh's success throughout the day and played some truly effortless netball. They are going to be a force to be reckoned with in the next stage of the tournament, counties.

POM Bea C and Edie J

Equestrian

Moden Hall & Austin Friars (A)

On Wednesday, Sedbergh organised a friendly equestrian fixture with Mowden Hall School and Austin Friars at Greenlands Equestrian Centre. The focus of the day was on fun and participation, giving riders the chance to experience competition in a supportive environment. Any challenges in the ring were met with encouragement and coaching, with our Prep Coach, Diane Milburn, ensuring every rider finished on a positive note.

The competition brought together a fantastic mix of ages, from Year 1 through to Year 13, and heights ranging from 40cm to 90cm. One of the most special aspects was seeing our Prep and Senior pupils come together as one team, with older riders always ready to lend a hand. Many of our seasoned riders supported the event by stewarding, pole-picking, and assisting in the judges' box. Their willingness to take responsibility for key roles ensured the show ran smoothly. Mel Sproul brought up many of the Borrett Yard riders, with support from Laura Bolton, ensuring they all had a wonderful time.

We are also hugely grateful to our parent body for their invaluable help, with special thanks to Liz Park and Gemma McMullen for their outstanding contributions.

The day was a true team effort, full of smiles, and after four hours of competition we finished exactly on schedule. A huge thank you to everyone who helped make the day such a success — and to Northern Equine Events for helping make it happen!



EST. 1525

Sedbergh

SCHOOL

Admissions@sedberghschool.org
015396 20535

WWW.SEDBERGHSCHOOL.ORG

