



Sedbergh
SCHOOL

SPORTS REPORT

24 March - 31 March 2025

SPORTS RESULTS

Rugby

Boys U14A Rosslyn Park (A)

The Rosslyn Park U14s tournament was a memorable and character-defining experience for this Sedbergh team, filled with moments of brilliance, learning, and grit.

The boys opened the tournament with an electric performance, dismantling a strong Stowe outfit through pace, precision, and energy. From the first whistle, Sedbergh set the tone, playing with tempo, intelligent support lines, and slick handling. Every player contributed to a fluid attacking display that saw the team cross the try line repeatedly, racking up an impressive 39 points. The defensive effort was equally commendable, with only a solitary score conceded. This was an outstanding 39-7 win that captured the identity we're building as a group.

Game two brought a different type of challenge against a typically physical and committed Welsh side. Unfortunately, we were caught cold early on, slow out of the blocks and reactive rather than proactive. Bryn Celynnog imposed themselves physically, and we were constantly chasing the game, forced to scramble and make recovery tackles under pressure. Despite growing into the game and fighting hard to claw our way back, we left ourselves too much to do and narrowly lost the game 19-12. The boys battled bravely and created opportunities late on but couldn't quite cross the whitewash when it mattered most. It was a tough lesson in mindset, and one that would require an immediate response for our last game.

Game three was without doubt the most pleasing performance of the day. The loss in game two clearly had a psychological hangover, which is an area this group has to improve on in the future. We found ourselves 14-0 down at half-time after another sluggish start. But what happened next spoke volumes about the character of this group. We reset, refocused, and emerged from the huddle with clear targets and renewed belief. For the first five minutes of the second half, we dominated possession and territory without scoring, but the persistence and execution remained relentless. Then came three tries in rapid-fire succession, all built off work rate, accuracy, and bravery under fatigue. It was a special turnaround and a proper display of what Sedbergh rugby is all about.

Despite finishing the group stage 2-1, the single loss meant we were unfortunate not to progress further in the competition. That said, the tournament was a superb learning experience. The highs showed the attacking potential and skillset this group possesses. The lows taught us valuable lessons about mindset, and resilience. Most importantly, this U14's team left with heads held high, having shown heart, honesty, and huge promise for the future. The journey continues.

Boys U16A Rosslyn Park (A) Quarter finalists

The A1 side travelled down to Rosslyn Park in buoyant mood having won the Durham / Sedbergh and Warwick 7's festivals.

Day 1 started nervously, with the first game on pitch RE1 against a fancied Wimbledon College side. In a tough encounter where Wimbledon showed their attacking prowess with speed and power it was the Brown that defended well to take the win 26-14 and demonstrate their intent for the competition.

Strong wins then followed in the group stage against Portsmouth Grammar 36-0 and then Magdalen College 45-0.

Day 2 and into the Elimination rounds, and A1 started brightly beating Canford school convincingly 41-10. This followed with a strong win 33-10 against a physical Kingsford School, which then set Sedbergh up in an elimination pool of two Welsh sides; Ysgol Gyfun and Bryn Celynnog.

The first game against Ysgol Gyfun was physical but it was the Brown that started fast and a great first half ensured the final score of 31-17 was justified. The Brown then played Byn Celynnog, who had earlier drawn with Ysgol Gyfun, but it was the speed of play and resilience in A1's defence that mean Sedbergh would make it through to the quarter finals for a fourth successive year at U16's by winning 36-7.

The quarter final on M1 pitch was a classic. The opposition St Joseph's College Ipswich were big and physical but it was Sedbergh that took the initiative and started well though some ill discipline led to a yellow card and at half time the scores were level. After the break with a man advantage it was St Josephs that took the lead, but the Brown rallied back into it. Alas a second yellow card hurt the advancing A1 side and whilst hard as they might try it was simply too much to pull back The final score 17-12 to St Joseph's.

Disappointed bodies at the finish but so much achieved with this group of players that came through to win three tournaments and improve hugely as both players and young men.

Boys U18A Sedbergh 10s (H)

The Sedbergh Tens proved to be a festival of high-level schoolboy rugby, and over the course of two demanding days, Sedbergh showcased both their class and character against some of the strongest opposition in the country. Day 1 saw the home side produce a trio of emphatic performances, starting with a commanding 38-12 win over Hurstpierpoint. Playing with power, pace and real precision, Sedbergh hit the ground running and set the standard early.

This momentum rolled straight into the next fixture where they swept aside Barnard Castle 45-7, controlling territory and possession superbly, and finishing their chances clinically. The final match of the day against Seaford was another dominant display, ending 48-12 in Sedbergh's favour, with free-flowing rugby and impressive depth shown across the squad.

Day 2 brought stiffer tests and fine margins. The opening game against RGS High Wycombe was a tightly contested battle, where Sedbergh started well but couldn't quite maintain their rhythm. RGS edged the game 14-12 in a result that hinged on a couple of key moments and a very impressive last play RGS kick under pressure. In the second game, Kirkham presented another fierce challenge, and in a classic encounter between two heavyweight schools, Sedbergh were edged out 22-20 in a nail-biter that could have swung either way.

The response, though, was a very fitting end to Simon Mullholland's last game in charge. Against a well-drilled QEGS Wakefield side, the boys dug deep and produced a resounding 36-17 win, ending the tournament on a high note and reaffirming the group's ability to bounce back under pressure. Across the two days, the tournament served as a brilliant platform for development and exposure to elite-level school rugby, and while a couple of results didn't fall our way, the performances and intent shown throughout were a credit to the Sedbergh jersey.



MeadeKingRobinson
SSFC

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Hockey

Sedbergh HC v Penrith 2's (A) Won 8-3

Sedbergh HC wrapped up their season in style with a dominant performance against Penrith 2s. Despite having just 11 players and no subs, the team controlled the game from start to finish, securing an impressive 8-3 victory. Determined to end the season on a high, every player stepped up and delivered. A huge well done to the whole squad for their hard work, resilience, and commitment throughout the season!

Netball

Girls U18B v Queen Margaret's School (A) 4th place

The 2nd team netballers had a fantastic tournament at Queen Margaret's School. Placing a highly commendable 4th place. With 5 wins in a row and only 1 loss in the group stage, the girls had a brilliant start to the day. Stand out performances were against Pocklington, where Sedbergh won 15-0 and a 12-4 victory over Bradford Grammar School. Jemima Phillips, as Captain, led with composure and provided a strong defensive performance throughout the tournament. Jem was supported by her defending teammates, Lileah Gregory and Eleanor Hanson who both had a fantastic day of netball. There were countless turnovers in the defensive end, capitalising on the quick style of tournament play, the girls were able to intercept in all areas of the court and link up with the attack to take the ball to goal.

Daisy Cross and Sonia Gattward were relentless in defence, they provided an easy option through court and fed confidently into the circle. As they eased into the day, they were able to showcase their talents by sending balls from the centre third to speed up play, beneficial for tournament style.

Sophie Riddle, Fen Harper and Alice Eddleston all shot brilliantly. Rotating positionally throughout the day, they adapted during each game and despite the glaring sun, they all had impressive shooting percentages. Allowing us to take the victory in some closely contested games.

Special mention must go to Bella Smith and Fran Gordon who were both awarded player of the tournament. Both girls stood up in the tough fixtures and played some excellent netball. The work rate from both players was notably impressive, either turning over countless ball or always being an option in attack. Well done girls.

Sadly the team fell short in the semi-final, but nonetheless they should all be extremely proud of themselves and what a great way to end the 24-25 season!

CPOT- Fran Gordon, Bella Smith

Running

Junior 4 mile Run

In the final running event of the Lent Term 215 runners from Years 9, 10 and 11 lined up on the cross country course to compete in the 4 Mile Cup. The route heads out of Sedbergh down Birks Lane and over the golf course before heading along Jordan Lane to Rash bridge, followed a sharp ascent up to the Dales Way and back through Millthrop to the finish line.

Overcast weather and the lack of recent rain meant ideal racing conditions and as a result records tumbled. Lucia (Robertson) won the girls race in a time of 28:04, beating the record set by Julia (Lupton) last year (31:16); Julia (30:02) also beat the previous record.

Hugo (School House) beat his record from last year by a whopping 4 minutes 26 seconds (23:54) to round off a superb term of running for him. George (Hart) set a new Year 10 record with an impressive time of 25:18, finishing second overall.

There were many tired but happy faces that came over the finish line and it was a wonderful way to end what has been a superb term of running. Once again we are grateful to all the marshals involved who supported our pupils around the course.

Race 1st 2nd 3rd Team

Junior Girls Lucia (R, 28:04) Minnie (C, 33:47) Annabel (R, 36:23) Robertson

Junior Boys Arthur (E, 29:29) Oliver (H, 31:44) Oscar (E, 32:30) Hart

Intermediate Girls Julia (L, 30:02) Sophie (L, 32:51) Betsy (L, 33:22) Lupton

Intermediate Boys Hugo (SH, 23:54) George (H, 25:18) Harry (S, 27:37) School



Equestrian

Sedbergh Equestrian Team Triumph at National Schools Qualifier

The Sedbergh Equestrian Team got the Easter holidays off to a fantastic start at the Arena Eventing National Schools Qualifier, held at Northallerton in North Yorkshire. Competing across all heights—from 70cm to 1.10m—our riders tackled a challenging and technical course that combined both show jumping and cross-country elements.

Sedbergh's 80cm and 90cm teams rode brilliantly to win their respective classes. Congratulations to team members Elsie Barker, Lily Whalley, Sophie Bateson, Sophie Luckin, Harriet Barker, and Izzy Steel for their impressive performances.

A special mention goes to Sophie Luckin, Harriet Barker, and Lily Whalley who each secured individual qualifications in a competitive field, delivering some truly outstanding rounds. Over the Easter break, our riders have continued to train and compete at various external events, keeping their horses fit and focused. With the fabulous spring sunshine, it's been especially rewarding for those also preparing for exams—finding a perfect balance between hard work and doing what they love.

Sailing

National Team Racing Competition

Over the weekend 12 pupils travelled to Bristol to take part in the national team racing competition - the highest level of competition the school has competed in for many years. The two senior teams had to learn to sail firefly's quickly and struggled against strong competition on the first day, qualifying for bronze fleet. The junior team sailed well, and winter training in feva's shone through as they went on to qualify for the silver fleet.

On the second day of competition it was the junior team consisting of Rub, Harry, Lula and Freddie who showed their skills. Winning 75% of their races beating Eastbourne College and Clifton college, ultimately finishing 2nd in the silver fleet - an extremely promising result from our future up and coming sailors. The senior teams improved as they took on board feedback and became more accustomed to sailing the firefly's. Unfortunately, despite some excellent team sailing, they were unable to replicate the feats of the junior team.

This was an excellent weekend for our sailors who have embraced team racing over the past 12 months and who learned a lot racing against such a high level of competition.



AUBRION

INSEA NORTHALLERTON

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EST. 1525

Sedbergh

SCHOOL

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