



Sedbergh

SCHOOL

SPORTS REPORT

26 January - 01 February 2026

SPORTS RESULTS

Hockey

Boys U15A v Manchester Grammar School (H) Lost 2-6

A tough game against a far superior team technically and tactically. Sedbergh found themselves under pressure throughout this high quality encounter. MGS started brightly and played at speed. Sedbergh hung in their but in the 9th Minute MGS broke through to score. Two more goals before half time made the second look like an uphill battle. Battle Sedbergh did, firstly to bring make it 3-1 and then 4-2. Hopes of a come back were real however two more late goals from MGS saw them home. A tough scoreline but plenty of positives.

Boys U16A v Austin Friars (A) Won 4-1

The U16 boys travelled up to Austin Friars and played some excellent attacking hockey. Bruce swept the ball home for the first goal just five minutes in from great work by Gawthorpe and White in midfield. The rest of the half was almost entirely Sedbergh pressure with the only obstacle being the very impressive Friars keeper who was having the game of his life. Just before halftime super sub Rowley doubled the lead with a neat finish.

Into the second half and a bit of a scare when Friars hit us on the break to score themselves. After which normal service resumed with Sedbergh peppering the Friars keeper without managing to get the ball over the line. Until that is Rowley came back into the action scoring twice in the final 4 minutes to complete his hat trick and a comfortable win.

Girls U16A v Solihull (A) Lost 3-2

After a long journey to Solihull, the girls faced a tough cup quarter-final match. Sedbergh started slowly, and Solihull took advantage by scoring early, which seemed to wake Sedbergh up. From a short corner, Sedbergh capitalised to make it 1-1. The second half began strongly for Solihull, who regained the lead to go 2-1 up. Sedbergh responded quickly and earned a penalty stroke, but unfortunately it wasn't converted.

Sedbergh had their best hockey in the final quarter, dominating possession and creating chances, but sadly couldn't score enough to turn the game around. The match finished 3-2 to Solihull.

Player of the Match went to Matilda.

Boys U15B v Windermere School (A) Won 4-1

The U15Bs enjoyed their trip into neighbouring Cumbria and came away with a win on the picturesque Windermere School astro. Ted Martin captained the side and soon settled the nerves of the away fans with two early goals. Windermere showed good resolve, and with a noteworthy performance from their goalkeeper, they kept the score close. There were season debuts for Dylan PC, Milo Castle, Harry Riley and Joe Ireland; all fitted into the side nicely and bought into the attacking team ethos.

Boys U18A v St Peter's York (H) Lost 4-0

The 1st team boys took on a strong St Peter's side in our first home fixture of the season. St Peter's piled on loads of pressure in the first half, making it 1-0 early on in the game. Will S and the defence managed to keep the team in the game. 1-0 down, Sedbergh started the second half much better, creating chances and putting St Peter's under pressure, however in the last 10 St Peter's managed to break us down and score 3 goals as we lost a bit of focus and patience.





Boys U18B v St Peter's York (H) Lost 2-0

We only had 11 players during our game against St Peters so our game plan was to move to ball more and get into good positions on the Astro, unfortunately we were under pressure from the get go and defended in our 23 metre area for most of the first half. We had a few attacking moments during the first half but couldn't convert those into goals. We ended the first half 0-0.

Second half began the same as the first half, defending at all costs. Still 0-0 going into the last 7 minutes, St Peter's got a turnover in the midfield and scored on a counterattack. Not long after that they scored again as our boys ran out of legs and were very fatigued. We lost the game 2-0.

Boys U15A v St Peter's York (A) Won 3-2

Sedbergh U15 A played a tough and tactical game against a strong St Peter's side. It was an even contest throughout, with both teams working hard and showing great determination. Sedbergh came away with a well earned 3-2 win, with goals from O. Laycock and J. Goodheart. The match was a strong first test of the team's fitness, skill, and resilience! A great start to the season.

Boys U14A v St Peter's York (A) Lost 1-0

The U14 boys started their season proper with a battling display against a team who came third in the country last year.

First although St Peter's had more of the ball Sedbergh showed some nice hockey. Lyle showed lots of determination and Norris was calm under pressure. St Peter's scored a well worked goal. Sedbergh's heads did not drop though, and through Hindle, Sefton and Laird Peter's attacks were repelled. Bristow in goal deserves a special mention for making a number of remarkable saves.

The second half saw a similar story, Peter's pressure and stout Sedbergh defence. The main change being Sedbergh began to find more passes out of defence, linked better into midfield and began to build some confidence on the ball. In the final 5 minutes with the score still at 1-0 Sedbergh finally began to pressurise the Peter's defence coming close to an equaliser on the final moments.

Boys U14B v St Peter's York (A) Drew 1-1

The U14B boys' hockey team played an entertaining and enthusiastic game against St Peters York, resulting in a 1-1 draw. The communication and teamwork throughout both halves of the match was outstanding, with the last 15 minutes becoming quite hectic! A great set up by E Richardson-Rutter and R Buitelaar-Warden aided T Irwin to score an amazing goal, with H Freeman saving many shots in goal. Overall this was a positive run out for the team, especially being their first match of the season - all should be happy with how they played!

Sedbergh HC v Wigton 2 (H) Won 6-0

The hockey club took on Wigton on Saturday, looking to keep up their unbeaten run at the top of the league. Wigton started well, not letting Sedbergh get near the 25. Eventually Sedbergh found some rhythm and Robyn scored our first of the day. Sabie and Lottie managed to score too, making it 3-0 at halftime. The Sedbergh girls managed to create a similar performance in the 2nd half, scoring another 3 to end the game 6-0 up.

Netball

Girls U15BC v Settlebeck School (H)

Under 15b Won 9-5

Under 15c Won 9-6

The under 15b and c squads played some excellent netball against two solid Settlebeck teams. The mixed teams showed brilliant versatility, playing at times, out of position to allow the most court time for all. The atmosphere was supportive and positive with some players representing the school for the first time. They were a pleasure to coach.

Stand out play and sportsmanship from Abi, Tilly and Izzy, with superb shooting from Sydney.

Girls U14B v Settlebeck School (H) Won 17-1

On Tuesday, the U14B netball team had another excellent win, defeating Settlebeck 17-1. B Birkbeck, T MacDonald and E Whalley scored some excellent goals with M Beswetherick and P Hutchinson holding up a strong defence. During the first quarter communication amongst the team was lacking but did improve throughout the following quarters. Despite this the girls transferred the ball well and should be very happy with the end result.

Girls U14C v Settlebeck School (H) Won 14-1

Sedbergh's U14C team displayed a dominating performance against Settlebeck. Impressively Sedbergh hit double figures of goals scored before Settlebeck managed to score one back. The girls all linked up well from turnover to goal in order to display such a strong performance. Eva and Ailsa were particularly strong in the defensive end of the court, whilst the shooters had high accuracy and smooth circle rotations. Anri also stood out as both a versatile midcourter who fed the shooters well and also stepping in at GA. Well done girls on an impressive outcome.

POM= Eva

Girls U18A v Cheadle Hulme School ISNC Quarter Final (A) Lost

Sedbergh faced Cheadle Hulme in a match that fell short of their usual standards, with a number of uncharacteristic errors disrupting rhythm and flow in the first half. Cheadle Hulme took full advantage, applying pressure and converting consistently to build a deserved lead as the stronger side early on.

In the second half, Sedbergh showed a positive response, tightening up defensively and moving the ball with greater purpose. Although the gap proved too much to overturn, the improved intensity and composure after the break highlighted the team's resilience. While Cheadle Hulme were deserved winners on the day, the second-half performance offered encouragement and clear areas to build on going forward.

Girls U16A Regionals (A)

The U16A showcased a fantastic day of netball at Lancaster University for the Regional Netball tournament. Despite being up against tough opposition throughout the day, the Sedbergh girls remained positive and never gave up.

The first game against Cheadle Hulme was a tough wake-up call but a good first game to warm up to and learn how to reduce errors going forwards in the tournament. A further two difficult matches were played against Kings Maccelsfield and St Michaels. The scorelines did not reflect the effort the girls put in, the pressure applied to the opposition and the seamless through-court from attack.

Our last pool game of the day placed us against Birkenhead. The girls started out strong going up 6 goals without conceding. Special mentions must go out to Annabelle and Caitlin who stepped up and represented the year above. They contributed to Sedbergh's successful play and you wouldn't know they were in the year below. Sedbergh beat Birkinhead 11-6, moving them into the 7th-8th playoffs.

Sedbergh's final match saw them face Stoneyhurst. A well-contested fixture with every girl taking the court. Sedbergh quickly fatigued in this game, but strong shooting accuracy saw them apply the pressure against their opposition. Sadly, the scoreline did not go Sedbergh's way but the girls should be extremely proud of their efforts. Well done girls!

CPOT= Betsy

Girls U18A Regionals (A) 3rd Overall

Sedbergh School took part in a highly competitive regional tournament, opening the day against Wirral. A nervous start saw play feel tense early on, but as confidence grew Sedbergh began to settle, building momentum through the court and finishing strongly to secure a 16-13 win. That improvement carried into Game 2 against King's Chester, where the girls played with far more freedom while maintaining high intensity, producing a dominant 12-4 victory. Game 3 followed a similar pattern, with slick attacking flow and relentless defensive pressure against Burnley College resulting in an emphatic 18-4 win.

Game 4 proved the toughest pool match against Cheadle. Cheadle started strongly and opened up an early lead, but Sedbergh showed real determination, fighting back and clawing the scoreline close. Despite a huge effort, the girls narrowly missed out in the final seconds, losing 13-12. That result placed Sedbergh second in the pool and set up a challenging semi-final against Cheadle Hulme High School, the top side from the other pool. Knowing it was a must-win game, both teams came out with intensity, but early errors allowed the opposition to take control and apply sustained pressure. A late Sedbergh comeback showed heart and resilience, though it wasn't quite enough, and the dream of reaching Nationals slipped away.

With one final match remaining in the 3rd/4th place play-off, Sedbergh were determined to finish the day on a high. Facing Cheadle Hulme again, the girls started strongly and held a narrow lead at half time. The second half went goal for goal, but crucial defensive pressure created turnovers that helped Sedbergh stay just ahead. Late goals from Cheadle saw the match finish 13-13 at the final whistle, forcing a golden goal. Showing composure under pressure, Sedbergh retained possession, worked the ball patiently to goal, and secured a thrilling 14-13 victory. While it wasn't the Nationals qualification they had hoped for, finishing third against such high-quality opposition was a fantastic achievement and a real credit to the girls' effort, resilience, and growth throughout the day.

Rugby

Boys U14A v QEGS Wakefield (H) Won 26-16

Sedbergh entered the last 16 of the cup with some trepidation having not played a competitive fixture since Christmas. An internal game was a close as the squad came to match play. The squad had however trained well in the lead up to the fixture and they knew the opposition would give them a stern test.

This absolutely proved to be the case with QEGS running strongly in the opening minutes of the game. A solid defensive set from Sedbergh combined with an intercept from Henry C allowed Sedbergh to gain some field position. From here the team worked the ball wide for Adam H to score and Henry C to convert. QEGS quickly responded with a try and penalty of their own to make the score 7-10. Just before the break Sedbergh scored a well worked team try to lead 14-10 at the break.

The second half saw QEGS score a rather easy try from an early scrum. The Sedbergh defence were caught on the back foot and QEGS almost walked in to make the score 14-15. This seemed to kick start Sedbergh's team spirit and the remainder of the half was very much Sedbergh's. A strong carry from Jody D saw him score to make the score 21-15. A forth try was scored in the corner by Monty F and although the difficult conversion missed the Sedbergh team pulled out to a two-score lead of 26-15.

The final 10 minutes saw the Sedbergh team defend manfully and with determination not to allow QEGS the opportunity to take the game into a nervy few minutes. The game finished with the ball being kicked into touch after a good turn over. Sedbergh now progress to the Quarter Finals with a visit from St Ambrose College the reward for a solid display from the team.

Against the run of play, a corner swung into the opponents' goalmouth saw debutants Rob B and Raman A cause chaos and confusion, with the ball striking Raman and trickling into the net to give us a 3 goal cushion with 10 minutes remaining.

Bury's impressive centre midfielder managed a consolation for the hosts, with a deflected shot through a crowd of players to reduce the deficit but Sedbergh held on for a well-earned victory, away at a well established footballing opposition.

Men of the match - Will D (midfield general) & Hugo C (outstanding save and an assist)

Boys U18A v Queen Ethelburga's (A) Lost 1-0

Sedbergh were left to rue missed chances in this narrow defeat away at QE. The hosts were well organised and played on the counter attack, causing us problems early in the first half.

An incredible double save from Hugo C saw him tip QEs first effort onto the bar, and then quickly jump to his feet to push the ball around the post from a rebounded effort.

Oscar F ran himself into the ground up front constantly putting the opposition back four under pressure, and was unlucky to add to this seasons goal tally. The start of the 2nd half saw our hosts take the lead with a spectacular curling effort from 20 yards out leaving Hugo no chance in net. The game ebbed and flowed and a couple of one on one chances were uncharacteristically missed by the sedbergh players to end the match with a narrow defeat.

Boys U15A v Queen Ethelburga's (A) Won 3-2

It was a tight contest from the outset against a talented QE side at the weekend, with Sedbergh taking the lead only to concede an equalizer before the break. In the second half we scored two good goals in the middle of the half, with QE pulling one back 10 minutes before the end to make it 3-2 to us.

This led to a nervous last few minutes, but we held on for the victory. The whole team played well, and although our organisation and structure needed work, there was certainly no shortage of heart from the boys. Joe Ireland was voted player of the match by the opposition, and in addition there were standout performances from Harry, Frankie and Ben, who were rewarded with goals. Captain Zach, Lachlan and Hugo controlled the game from the back, with some excellent touches throughout.



Basketball

Boys U18A v Lancaster Royal Grammar School (H) Lost 30-65

This was the first defeat for the team in almost 2 years, but it wasn't a hard one to take, LRGS were simply better. They played to a system, they dribbled through our defense with skill, and their 3 point shooting at times was simply superb. Our boys kept battling to the end with some notable performances from Sasha M who scored in the double figures, but we couldn't stop the blue onslaught of the deserved winners.

Our boys were gracious in defeat. We will learn from this and we will come back stronger.

Swimming

Mixed U18A & U15A v Bradford Grammar School (H) Lost 258-220

The swimming team took on Bradford Grammar School in a tough fixture on Saturday, which saw our swimmers in their best light. Eleanor and Annabel dominated in the U18 50m breaststroke event, with Kitty, Fran, Eleanor and Annabel securing an exciting win in the 4 x 50m medley relay. The U15 girls were impressive in their ability to swim out of their comfort strokes, with some strong performances from Millie and Sophie, ably led by Lara. Oliver went on to win both of his individual events, and took part in a super relay team with Ollie, Praveen and Mathias. Overall some super swims and a tight finish, with Bradford taking the win 258 to 220.

Fives

Northern School Championships (A)

The Sedbergh School Fives team travelled to the University of Durham Fives Courts to play in the Northern School Fives Championships. It was a full day of matches in the Under 18 and Under 16 categories, with medals awarded for singles and doubles matches. It was particularly pleasing to take some Year 10 boys who had never played in a Fives tournament.

In the under 16s category there were some strong matches played, with Fred Leslie (H) winning the title. Fred then joined with Hector Maclean (S) in the doubles to sweep all before them and claim the title.

In the under 18s singles category, Charlie Lythe (P) battled hard in his side of the draw, falling to Durham's top player in the semifinal. Toby Follett (H) made it to the final and although throwing the proverbial kitchen sink at the match was eventually a triumphant winner. In the doubles Toby & Charlie finished as runners up to the top Durham pairing.

Results:

Northern Schools Under 18s Singles Champion: Toby (H)

Northern Schools Under 18s Doubles runners up: Toby (H) & Charlie (P)

Northern Schools Under 16s Singles Champion: Fred (H)

Northern Schools Under 16s Doubles Champions: Fred (H) & Hector (S)



Running

Kings Henry Relay (A)

Twelve boys and twelve girls made an early start from Sedbergh for the long journey south to Coventry to contest the 54th King Henry VIII Relays for Boys and the 26th Relays for Girls—one of the most prestigious schools relay fixtures in the calendar. The race consists of a single lap of the demanding War Memorial Park circuit, with boys' teams of six and girls' teams of four. Conditions were deceptively challenging. Although the day was bright and still, heavy rain overnight had left parts of the course waterlogged. One 30-metre stretch of path lay submerged under nearly a foot of water, while the woodland section was particularly slippery and boggy, requiring careful footwork throughout.

Boys' Race

The boys' race got underway at 14:30 with Hugo B (12SH) leading the Boys A team, while Harry S (12SH) headed the Boys B team. Hugo moved confidently with the leading pack before settling into sixth place, running deceptively fast throughout. His leg proved exceptional: the 8th fastest time of the day, the 7th fastest time ever recorded by a Sedbergh runner, and the second-fastest by a Sedbergh Year 12—a notable achievement given that all those above him historically have gone on to win the Wilson Run.

George M (11H) produced a strong second leg, moving the team up to fourth place. Henry P (12SH) consolidated well, while Harry C (10SH) battled gamely through increasingly slippery conditions. Despite determined efforts from Will T (11S) and Harry S (11S) on the final legs, the Boys A team gradually slipped back to finish 16th in a field of 60 teams.

The Boys B team, comprising Harry S (12SH), Harri T (9H), Arthur H (10E), Rupert B-W (9E), Monty F (9W) and Oliver S (10H), raced with great commitment to finish 39th overall, the 6th B team—a creditable performance against strong opposition.

Girls' Race

The girls set off five minutes later at 14:35, interwoven with the boys' field, making positions difficult to track in real time. Lucia C (10R) appeared to be struggling early and came through the changeover in ninth place, over a minute behind the leader. However, timing data later revealed an outstanding run: the second-fastest leg ever recorded by a Sedbergh girl, underlining the extraordinary depth of the field.

Juliet P-L (12L) followed with a superb second leg—the 5th fastest leg-two time of the day—moving Sedbergh steadily up the standings. Bertie C (12L) and Minnie R (10C) completed the quartet with composed runs, bringing the Girls A team home in 10th place overall.

The Girls B team—Betsy H (11L), Sophie N (11L), Grace G (10L) and Fleur H (13L)—finished 21st, the 4th B team, while the young Girls C team of Ailsa H (9R), Esme L (9R), Georgie T (9R) and Blue T (10R) finished 28th, proudly securing 1st C team honours.

With parents, teammates and coaches lining the course, the atmosphere throughout the afternoon was lively and supportive, particularly through the flooded sections and treacherous woodland loop. After racing, many teams returned to King Henry VIII School for a well-earned match tea, followed by an inspiring talk from Olympic 400m medallist Charlie Dobson and the presentation of prizes. For Sedbergh's squad, it was a memorable day, with all but one runner eligible to return next year.



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