



Sedbergh
SCHOOL

SPORTS REPORT

05 January - 11 January 2026

SPORTS RESULTS

Netball

Girls U18B v Stonyhurst College (H) Won 28-9

Sedbergh 2nds opened their season in impressive fashion with a convincing indoor victory against a strong Stonyhurst 1st team. The squad, made up of players from across the 1st, 2nd and 3rd teams, delivered a super display of teamwork, work ethic and determination to defeat an accomplished opposition.

From the opening whistle, the game was well matched and competitive. Sedbergh settled quickly, showing tight defensive work and sharp movement through the court. Their precision and accuracy on goal proved to be a key difference, with Alice and Sophie leading the scoring. Excellent feeds into the circle from Martha, Daisy and Danny caused Stonyhurst constant problems and were difficult to defend. After a strong first quarter, Sedbergh led 7-3, setting the tone for the rest of the match. The team continued to grow in confidence as the game progressed, working hard for every ball and supporting each other across the court.

Sophie B delivered a standout performance, earning Player of the Match and Players Player. Her outstanding work rate, perseverance and seamless switching between attack and defence created numerous goal-scoring opportunities for the team. Eleanor was awarded Coach's Player for her exceptional determination, challenging for every ball, recovering quickly and remaining undefeated in her contests. Darcie, Danny, Sophie and Alice all played key roles throughout the match, stepping into their positions seamlessly and making a strong impact. Darcy in particular showed excellent precision and accuracy when driving to intercept, along with great strength in one-on-one contests, contributing significantly during the second and fourth quarters.

Sedbergh sealed the win in the final quarter, outscoring Stonyhurst 5 goals to 8 and closing out the match strongly.

Well-done to all the girls on a tremendous first performance of the season. It was a fantastic showcase of Sedbergh sport. Thank you to all friends and parents for their support and continued encouragement.

Girls U18C v Stonyhurst College (H) Won 24-10

A strong performance for the mighty 3rds against a confident Stonyhurst 2nd team. The shooting circle was dominated by a brilliant pairing of Anya Calvert and Alice Baldwin whose communication and passing was exemplary. Passages of play in the centre court were slick and considered. Defence proved highly effective with superb turnover balls from Heidi W, Mabel P and Stella M.

It was great to hear such lovely support for each other on court.

Girls U16A v Stonyhurst College (H) Won 22-13

It was a great start to the netball season for our U16A girls. They had a very dominant game displaying high levels of tenacity and determination. The game was closely contested throughout but the countless intercepts from the defensive end of court contributed significantly to the final scoreline of 22-13.

The shooters played well, putting up numerous shots with high accuracy and attempting different forms of circle play. The feeders adapted well to the different shooting rotations and the through-court attack leading from the defensive end was clinical to the team's success. Congratulations girls on a brilliant first game.



SEDBERGH

GOAL MUST BE ATTACHED TO THE WALL

GK

GA

GD

GA

WD

GS

C

GD

GA

GD

Girls U15A v Stonyhurst College (H) Lost 19-14

The 15A netball squad had their first match of 2026 against Stonyhurst on Saturday. After a big loss to Stonyhurst last season, the squad were determined from the get go and knew they had a tough match ahead.

While it took the team a while to find their flow, each individual found confidence as the match went on meaning there were some outstanding individual performances and some incredible teamwork throughout. In defence, opposition's POM, Penny achieved some amazing intercepts alongside Lottie who managed to stay calm under pressure despite the goal difference.

Our midcourt communicated well to comfortably move the ball downcourt into attack where our shooters put some impressive shots into the net. After Q3 the score was 9-14 and while the squad was motivated to close the gap, the match ended 14-19. While it's another loss for the 15A squad, this was arguably their best performance so far this season!

Girls U15B v Stonyhurst College (H) Lost 15-11

The U15bs played some excellent netball. Superb passages of play from Centre Georgie C plus confident defence meant that this was a close match. There was just one goal difference at half time.

Fabulous shooting from Isla I and Lula C and dynamic centre court play made this match a pleasure to watch.

Girls U14B v Stonyhurst College (H) Lost 4-3

The u14B team battled hard against a strong Stonyhurst team in their first netball match of the Lent term, with an unfortunate loss of 4-3. Exceptional play was made by S Bolton-Price, M Beswetherick and E Whalley and the goals being scored by T MacDonald and C Nolan-Neylan. All girls should be happy with how they played and should be looking forward to the season ahead of them.

Hockey

Boys U15A v Bradford Grammar School (H) Won 2-0

The u15's built on their good performances last season by starting with a r1 cup victory against a skill and talented Bradford team. Sedbergh opened the scoring in the 3rd minute when a nice move resulted in Goodhart slipping the ball past Bradfords keeper

After which the first half was quite even. Both sides creating chances and looking dangerous. After the break Bradford dominated possession. However, Sedbergh were strong in defence. with minutes remaining Sedbergh finally made the most of a counter attack with White supplying Laycock with an easy finish and a deserved 2-0 win.

Sedbergh HC v Carlisle 2 (H) Won 3-1

Sedbergh returned from a break to claim a 3-1 win over Carlisle 2. A slightly rusty start soon settled, with good connections in the first half leading to a 2-0 lead at halftime.

In the second half, Sedbergh relaxed a little and allowed Carlisle into the D, conceding from a short corner to make it 2-1. Sedbergh responded well, adding a third goal to secure the victory.





Running

Mid Lancs Cross Country League - Round 3

The Sedbergh School Running Team travelled to Blackpool with a strong squad of 35 runners for the third round of the Mid Lancs Cross Country League, greeted by near-perfect winter conditions. It was a still, cool and crisp January afternoon, with bright sunshine and a firm, fast course underfoot. The flat parkland terrain at Lawsons Field, with only a few soft patches, provided excellent conditions for racing and rewarded positive, front-foot running.

U15 Girls - 5th Team

The U15 girls were first into action. Ailsa H (9R) continues to gain valuable experience at this level and ran with maturity to finish 20th, leading the team home. With good support from her teammates, the girls secured a solid 5th place finish in a competitive field.

U15 Boys - 3rd Team

The U15 boys produced one of the standout team performances of the day. Harry C (10SH) made a tremendous league debut, racing with confidence to finish an impressive 7th. Logan S (10SH) showed encouraging signs as he continues his return to form after injury, while Rupert B-W (9E) ran beautifully to complete the scoring trio. Their combined efforts earned the team a well-deserved 3rd place.

U17 Boys - 2nd Team

With George M (11H) sensibly rested as a precaution ahead of a busy run of major fixtures - including the Symonds Run, Cumbria Schools Championships, King Henry Relays and Northern Inter-Counties - others stepped up impressively.

Hugo B (12SH) led the team home after a thrilling finish, narrowly squeezed into 3rd place in a tightly contested race. Henry P (12SH) backed him up superbly in 13th, and Ollie I (12SH) completed an all-School House scoring trio as the team claimed 2nd place overall.

U17 Girls - 2nd Team

The U17 girls also delivered a strong performance. Juliet P-L (12L) ran an excellent race to finish 2nd, leading from the front with authority. There was sibling rivalry further back as Daisy F (12L) edged her younger sister Julia F (11L), finishing 8th and 10th respectively. Their combined effort secured another 2nd place team finish.

Senior Ladies - 9th Team

In the Senior Ladies race, Jemima H (13L) continued her consistent season with 4th U20, while Elif S (13R) followed in 8th U20. The team finished 9th overall in a deep field.

U20 Boys - 2nd Team

The U20 boys produced another excellent result, finishing 2nd team. Edouard DeB (13SH) was first Sedbergh home in 13th, supported by Kit B-K (13H) and Sean C (13S) to complete the scoring trio.

Senior Men - 18th Team

The final race of the day saw 223 runners charge away in the Senior Men's race. Sedbergh's Athlete in Residence Ben Harrison once again demonstrated his class, storming to victory and crossing the line just five seconds clear of second place in a high-quality field. Richard Wells ran solidly to finish 65th (4th V55), as the team placed 18th overall.

A Scottish Triumph for Lucia

While the Sedbergh team were racing in Blackpool, there was further outstanding news from north of the border. In Alexandra Park, Glasgow, Lucia C (10R) produced a sensational performance to win the U15 Girls Scottish Inter-District Championships. Locked in a thrilling duel throughout, Lucia pulled clear in the final straight to claim a magnificent victory and also led the Scotland East team to overall success.

It was another highly encouraging afternoon for Sedbergh, marked by strong depth across age groups, excellent debuts, and senior athletes leading from the front. With major fixtures coming thick and fast over the next three weeks, the squad is building form, confidence and cohesion at exactly the right time.



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