STRENGTH AND CONDITIONING GRADUATE ASSISTANT

JOB DESCRIPTION

Job Title: Strength and Conditioning Graduate Assistant

Responsible to: Assistant Head Co-Curricular

Main Purpose: To support the delivery of the schools outstanding Strength and Conditioning programme in the Senior School through coaching pupils and sharing your enthusiasm for Strength and Conditioning with our pupils.

Roles and Responsibilities:

- To support the delivery of the strength and conditioning programme, leading athletic development sessions that reflect the age and physical development of the pupils
- To monitor the gym offering high level coaching to small groups and individuals as part of our scholarship programme to stretch the most able pupils
- To contribute with designing and implementing training / rehab programmes for pupils
- To assist with the collection and presentation of pupils physical and monitoring data, including game footage
- To support the wider delivery of the Sedbergh Sports programme, working with other heads of sports.
- To assist with administration tasks related to Sport and the wider sports programme, including engaging with the use of school systems, including socs and iSAMs, to organise and register fixtures and games afternoons.
- To work collaborative with fellow graduate assistants to support the Sedbergh Sports programme on event days such as sports scholarship days and tournament days.
- Play a full and active role in the busy boarding environment, being a resident tutor in a boarding house, including tutoring, supervising, and leading activities.
- Demonstrate a proactive approach to engaging with young people.
- To take responsibility for promoting and safeguarding of children and young people
- To undertake other duties within the post as requested by your line manager or senior management team.
- Support for UKSCA accreditation can be given

Health and Safety:

All staff should be aware of the school's health and safety policy and implement it as appropriate.

Safeguarding:

All staff employed by Sedbergh School are expected to take responsibility for promoting and safeguarding the welfare of children and young persons for whom they are responsible or with whom they come into contact.

These roles and responsibilities provide a framework for the role and should not be regarded as a definitive list. Other reasonable duties may be required consistent with the level of this post.

Sedbergh School is committed to safeguarding & protecting the welfare of children. Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Disclosure and Barring Service.

Registered Charity No 1080672